

Send Me the Pillow

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner - Reggae
编舞者: Djoko Sutikno (INA) - September 2023
音乐: Send Me the Pillow - Cynthia Schloss



No Tags, No Restart.

Section 1 : facing 12.00 - Touch heel, Touch toe (1-2-), Chasse to right (3-A-4), Kick hitch (5-6), Chasse to left (7-A-8)

1-2 (1) Touch RF heel forward, (2) Touch RF toe
3-a-4 (3) Step RF to right, (A) Step LF to right, (4) Step RF to right
5-6 (5) Kick LF forward, (6) Lift LF knee up
7-a-8 (7) Step LF to left, (A) Step RF to left, (8) Step LF to left

Section 2 : facing 12.00 - Touch toe to right, touch toe beside LF (1-2,), Coaster step (3-A-4) , Kick ball change, (5-A-6), Heel Jack (A-7-A-8)

1-2 (1) Touch right toe to right, (2) Touch right toe beside LF,
3-a-4 (3) Step RF back, (A) Step LF beside RF, (4) Step RF forward
5-a-6 (5) Kick ball LF forward, (A) Step LF beside RF, (6) Step RF in place
a-7-a-8 (A) Step LF slightly back, (7) Touch right heel forward, (A) Step RF in place, (8) Step LF together

Section 3 : facing 12.00 - Monterey ¼ turn (1-2-3-4), Sweep RF forward and back (5-6) , Sweep LF back and forward (7-8),

1-2-3-4 (1) Touch RF to right, (2) ¼ turn right Step RF beside LF (facing 03.00), (3) Touch LF to left , (4) Step LF beside RF
5-6 (5) Bring RF with toe on the floor from back to front, (6) Bring RF with toe on the floor from front to back,
7-8 (7) Bring LF with toe on the floor from front to back, (8) Bring LF with toe on the floor from back to front,

Section 4 : facing 03.00 - Brush RF, Step RF back, Touch LF heel forward, Step LF in place (1-2-3-4) , Jazz box ¼ turn right (5-6-7-8)

1-2-3-4 (1) Kick RF forward sweeping floor with the ball, (2) Step RF back, (3) Touch LF heel forward, (4) Step LF in place
5-6-7-8 (5) Cross RF over LF, (6) Step LF back, (7) Step RF to right turn 1/4 to right (facing 06.00) , (8) Step LF forward.

Enjoy the dance

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