

Sunshine and Happiness

COPPER **KNOB**
BY SHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Joseph Morris (ES) - September 2023
音乐: Forever Young - The Les Humphries Singers



INTRO: 16 COUNT - RESTART ON WALL 4 AFTER COUNT 16

SECTION 1: WALK FORWARD RIGHT LEFT, RIGHT MAMBO STEP, WALK FORWARD LEFT RIGHT, LEFT MAMBO STEP

1 – 2 WALK FWD RIGHT, WALK FWD LEFT
3 & 4 ROCK RIGHT TO RT SIDE, RECOVER ONTO LEFT, STEP RIGHT BESIDE LEFT
5 – 6 WALK FORWARD LEFT, WALK FORWARD RIGHT
7 & 8 ROCK LEFT TO LT SIDE, RECOVER ONTO RIGHT, STEP LEFT BESIDE RIGHT

SECTION 2: WALK BACK RIGHT LEFT, RIGHT MAMBO STEP, WALK BACK LEFT RIGHT, LEFT MAMBO STEP

1 – 2 WALK BACK RIGHT, WALK BACK LEFT
3 & 4 ROCK RIGHT TO RT SIDE, RECOVER ONTO LEFT, STEP RIGHT BESIDE LEFT
5 – 6 WALK BACK LEFT, WALK BACK RIGHT
7 & 8 ROCK LEFT TO LT SIDE, RECOVER ONTO RIGHT, STEP LEFT BESIDE RIGHT

SECTION 3: GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT ¼ TURN LEFT, TOUCH

1 – 2 STEP RIGHT TO RIGHT SIDE CROSS LEFT BEHIND RIGHT
3 – 4 STEP RIGHT TO RIGHT SIDE TOUCH LEFT BESIDE RIGHT
5 – 6 STEP LEFT TO LEFT SIDE, CROSS RIGHT BEHIND LEFT
7 – 8 MAKE ¼ TURN LEFT STEPPING LEFT FWD, TOUCH RIGHT BESIDE LEFT

SECTION 4: V STEP, SIDE TOUCHES

1 – 2 STEP RIGHT FWD ONTO RT DIAGONAL, STEP LT FWD ONTO LEFT DIAGONAL
3 – 4 STEP RIGHT BACK TO CENTRE, STEP LEFT BESIDE RIGHT,
5 – 6 STEP RIGHT TO RIGHT SIDE, TOUCH LEFT BESIDE RIGHT
7 – 8 STEP LEFT TO LEFT SIDE, TOUCH RIGHT BESIDE LEFT

START AGAIN.

ENJOY, FROM JOE & JERRY LINEDANCE FITNESS, FUERTEVENTURA, CANARY ISLANDS