

Beer Me

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lidia Landon Michael (USA) - September 2023
音乐: Beer Me - Westward Sons



Intro: 32 counts – No tags! No Restarts!

SECTION 1: HEEL, ROCK -RECOVER, STEP, TOUCH OUT - IN, OUT- IN

1-2 R heel touch front, R rock back
3-4 L recover, R step forward
5-6 L touch side, L touch in next to R
7-8 L touch side, L touch in next to R

SECTION 2: L GRAPEVINE, JUMP FRONT, CLAP, JUMP BACK CLAP

1-2 L step side, R step behind
3-4 L step side, R touch in next to L
&5-6 R step forward, L step forward, clap
&7-8 R step back, L step back, clap

SECTION 3: WALK FWD R/L/R , KICK, WALK BACK L/R/L, TOUCH

1-2 R walk forward, L walk forward
3-4 R walk forward, L kick front
5-6 L walk backward, R walk backward
7-8 L walk backward, R touch in next to L

SECTION 4: LINDY R, ¼ L SHUFFLE FRONT, STEP OUT R WITH R HIP BUMP, L HIP BUMP

1&2 R triple side (R step side, L step together, R step side)
3-4 Rock back L, Recover R
5&6 L shuffle front (L Step, R together, L step) making ¼ turn L to face 9:00
7-8 R Step apart r with r hip bump, L hip bump

Last Update: 17 Mar 2025