

Ella Baila Sola

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Wendy Loh (MY) - June 2023
音乐: Ella Baila Sola - Eslabon Armado & Peso Pluma



Dance start on vocal (14 sec approx.)

Section 1: Mambo Step, Mambo Step, Cross & Touch & Cross & Touch

1 & 2 Rock RF Forward, Recover on LF, Step RF Back
3 & 4 Rock LF Backward, Recover on RF, Step LF Forward
5&6& Cross RF over LF, Step LF to L, Touch RF to R, Step on RF
7&8& Cross LF over RF, Step RF to R, Touch LF to F, Step on LF

Section 2: Rolling Vine, Step Together, Step Touch

1 2 3 4 Turn 1/4R Step RF to Forward, Turn 1/2R Step LF Back, Turn 1/4R Step RF to R, Touch LF to Left
5 6 7 & 8 Step LF to L, Step RF next to LF, Side Chasse on LF,RF,LF

Section 3: 1/4L Turn Cross Shuffle, Side Mambo

1 2 Step RF Forward, 1/4L Turn
3 & 4 & Cross RF over LF, Step LF on L, Cross RF over LF, Step LF on L
5 & 6 Cross RF over LF, Step LF on L, Cross RF over LF
7 & 8 Rock LF to L, Recover on RF, Step LF together

Section 4: 1/4L Turn, Samba Whisk, Paddle x2

1 2 & 1/4L Turn Step RF to R, Rock Back on LF, Recover on RF
3 4 & Step LF to L, Rock Back on RF, Recover on LF
5 6 7 8 Step RF to R, 1/8L Turn, Step RF to R, 1/8L Turn

Restart at wall 2 after 16 counts (3:00)

ENJOY!

Contact: kickickwendy@yahoo.com