

# Country Girl, Shake Them Hips

COPPER KNOB  
STEPPERS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Georgie Mygrant (USA) - September 2023  
音乐: Crank It Up - Colt Ford



**Intro: 32 Counts (If you start counting at the heavy beat, its 16 counts) 1 Restart at end of wall 4. Do first 16 counts with no ¼ turn, then restart at the beginning!**

**\*1 Tag at end of wall 9 for 4 counts.**

## Modified Cross Point, R/L

1-4            Step R fwd. Touch L to L side, Step L to R, Touch to L side  
5-8            Step L fwd. Touch R to R side, Touch R to L, Touch to R side

## Lindy R, Lindy L ¼ R

1-4            Step to R/L/R, Rock back on L, Step fwd. on R  
5-8            Step to L/R/L, Rock back on R turning ¼ R, Step on L

## Triple Fwd. Step L fwd. Turn ½ R, Triple fwd. Step R fwd. turn ½ L

1&2-3-4        Step fwd. R/L/R, Step L fwd. turning ½ R, Step on R  
5&6-7-8        Step L/R/L, Step R fwd. turning ½ L, Step on L

## Two Turning Jazz Box's ¼ R

1-4            Step R over L, Step back on L turning ¼ R, Step on R, Step on L  
5-8            Step R over L, Step back on L turning ¼ R, Step on R, Step on L

**Restart at end of wall 4. Just do the first 2 sections with no ¼ turn. Then restart at the beginning**

## \*Tag at end of wall 9

1-4            Step fwd. R, Step back on L, Step back on R, Return fwd. on L

**That's it! A catchy tune for a fun routine. If you don't want to do the ½ turns in section 3, just do the R/L/R/triples, step L fwd. Step R back, Triple back L/R/L, Step R back, Step L fwd. Easier for beginners, then when they learn the steps, you can teach them the turns.**

**Please let me know if you like it! But, do not alter routine without my permission.**

**Thank you, Georgie mygeo@adamswells.com or mygrantg@gmail.com**