

HEAT WAVE! Mame

COPPER KNOB
STEPSHEETS

拍数: 24 墙数: 4 级数: Easy Beginner
编舞者: Susan Prats (USA) - July 2023
音乐: Mame - Herb Alpert & The Tijuana Brass
或: C'est Si Bon - Conway Twitty
或: Hernando's Hideaway - Amerimambo
或: Let's Hang On - Frankie Valli & The Four Seasons



NO Tags! NO Restarts!

Begin :10

RIGHT SCISSORS, LEFT LINDY

1-3, hold Step R (1), step L (&), cross step R (3), hold (4)
5&6, 7-8 Step side L (5), step R together (&), step side L (6), rock back R (7), recover L (8)

WALK FORWARD 3x, HITCH LEFT; WALK FORWARD 3X, HITCH RIGHT

1-4 Walk forward R (1), L (2), R (3), lift L knee up (4)
5-8 Walk forward L (5), R (6), L (7), lift R knee up (8)

RIGHT JAZZ BOX, QUARTER TURN RIGHT; STEP TOUCH WITH CLAPS

1-4 Cross step R over L (1), step back L (2), 1/4 turn R, step R (3)(3:00), step L (4)
5-8 Step R forward diagonal (5), touch L together (clap)(6), step L home (7), touch R together (clap)(8)

RESTART
