

Without the Memories

拍数: 48 墙数: 2 级数: Intermediate NC
编舞者: Niels Poulsen (DK) - August 2023
音乐: Home Movies - Lukas Graham & Mickey Guyton



Intro: 16 counts from beginning of track. App. 18 secs. into track. Start with weight on L foot
Restart: On wall 2, after count 40, facing 12:00.
Tag: On wall 4, after count 40, facing 12:00. See tag explanation at bottom of sheet

Phrasing: 48, 40, 48, 40, Tag, 38 (Ending).

[1 – 8] R back rock, ¼ L side R, into L back rock, side L, back RL with sweeps, R back rock

- 1 – 2& Rock back on R (1), recover on L (2), turn ¼ L stepping R to R side (&) 9:00
- 3 – 4& Rock back on L (3), recover on R (4), step L to L side (&) 9:00
- 5 – 6 Cross R behind L sweeping L to L side (5), step back on L sweeping R to R side (6) 9:00
- 7 – 8 Rock back on R (7), recover on L (8) 9:00

[9 – 16] R rock fwd, ½ R, L rock fwd, ¼ L, walk R fwd, step ½ R, L step lock

- 1 – 2& Rock R fwd (1), recover back on L (2), turn ½ R stepping R fwd (&) 3:00
- 3 – 4& Rock L fwd (3), recover back on R (4), turn ¼ L stepping L fwd (&) 12:00
- 5 – 7 Walk R fwd (5), step L fwd (6), turn ½ R stepping fwd on R (7) 6:00
- 8& Step L fwd (8), lock R behind L (&) 6:00

[17 – 24] Fwd L with R hitch, cross over, L basic, side R, touch behind, unwind ½ L into L lunge

- 1 – 2 Step L fwd hitching R knee at the same time (1), cross R over L (2) ...
- Option: on walls 2, 4 and 5 go up on ball of L on count 1 to hit the word 'HIGH lights' in the lyrics 6:00
- 3 – 4& Step L a big step to L side (3), step R behind L (4), cross L over R (&) 6:00
- 5 – 6 Step R to R side (5), touch L behind R (6) 6:00
- 7 – 8 Unwind ½ Lon R and rock L to L side bending in L knee (7), recover on R (8) ...

Note: on walls 2, 4 and 5 when bending in L knee on count 7 you hit the word 'LOWS' in the lyrics 12:00

[25 – 32] L twinkle 1/8 L, R twinkle ¼ R, L rock fwd, ½ L fwd L, step 1/8 L

- 1&2 Cross L over R (1), rock R to R side (&), turn 1/8 L when recovering on L (2) 10:30
- 3&4 Step fwd on R (3), rock L to L side (&) turn ¼ R when recovering on R (4) 1:30
- 5 – 6& Rock L fwd (5), recover back on R (6), turn ½ L stepping L fwd (&) 7:30
- 7 – 8 Step R fwd (7), turn 1/8 L stepping L to L side (8) 6:00

[33 – 40] R&L syncopated cross rocks, L full turn, rock R fwd

- 1 – 2& Cross rock R over L (1), recover on L (2), step R to R side (&) 6:00
- 3 – 4& Cross rock L over R (3), recover on R (4), step L to L side (&) 6:00
- 5 – 6 Turn ½ L stepping back on R sweeping L fwd (5), turn another ½ L and step L fwd (6) 6:00
- 7 – 8 Rock R fwd (7), recover back on L (8) ... Restart here on wall 2 + Tag on wall 4 6:00

[41 – 48] ¼ R side R, L twinkle, R weave, side L, point R, ¼ R fwd R, ½ R back L

- 1 Turn ¼ R stepping R to R side (1) 9:00
- 2&3 Cross L over R (2), rock R to R side (&), recover on L (3) 9:00
- 4&5 Cross R over L (4), step L to L side (&), cross R behind L (5) 9:00
- 6 – 7 Step L to L side (6), point R to R side (7) 9:00
- 8& Turn ¼ R stepping R fwd (8), turn ½ R stepping back on L (&) 6:00

Start again

TAG Comes once only. After 40 counts on wall 4, facing 12:00

[1 – 9] R back rock, recover sweep, walk R sweep L, L step lock step, rock R fwd, shuffle ½ R

- 1 – 3 Rock R back (1), recover on L sweeping R to R side (2), walk R fwd sweeping L to L side (3) 12:00
- 4&5 Step L fwd (4), lock R behind L (&), step L fwd (5) 12:00
- 6 – 7 Rock R fwd (6), recover back on L (7) 12:00
- 8&1 Turn ¼ R stepping R to R side (8), step L next to R (&), turn ¼ R stepping R fwd sweeping L to L side (1) ... OR turn 1½ turn R...6:00

[10 – 16] Walk LR fwd with sweeps, L step lock step, rock R fwd, quick full turn backwards

- 2 – 3 Walk L fwd sweeping R to R side (2), walk R fwd sweeping L to L side (3) 6:00
- 4&5 Step L fwd (4), lock R behind L (&), step L fwd (5) 6:00
- 6 – 7 Rock R fwd (6), recover back on L (7) 6:00
- 8& Turn ½ R stepping R fwd (8), turn ½ R stepping back on L (&) ... Then start the dance again 6:00

Ending Wall 5 is your last wall. It starts at 6:00. Finish dance with your full turn on counts 37-38 stepping L fwd on count 38 to face 12:00 again -12:00
