

# Dance Now

拍数: 32      墙数: 2      级数: Easy Intermediate  
编舞者: Lana Wilson (USA) - August 2023  
音乐: Now I Can Dance - Tina Arena  
或: Texas Bound and Flyin' - Jerry Reed



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## 32 count intro

### ROCK FWD, RECOVER, TRIPLE, ROCK FWD, TRIPLE 1/4 TURN

1-2            Rock R forward, recover on L  
3&4           Triple in place RLR  
5-6            Rock L forward, recover on R  
7&8           Triple in place LRL turning 1/4 left {9:00}

### STEP, HOLD, 1/2 PIVOT, 1/4 PIVOT, SHUFFLE FWD

9-10           Step forward on R, hold  
11-12          Step L forward, pivot 1/2 right weight ending on R (3:00)  
13-14          Step L forward, pivot 1/4 right weight ending on R (6:00)  
15&16          Shuffle forward LRL

### FWD ROCK, SIDE ROCK, BACK ROCK, 1/4 PIVOT

17-18          Rock forward, recover on L  
19-20          Rock right, recover on L  
21&22          Rock back right, recover on L  
23-24          Step R forward, pivot 1/4 left weight ending on L

### FWD, KICK-BALL-CHANGE, FWD, KICK-BALL-CHANGE, WALK, WALK

25            Step R forward  
26&27          Kick L forward, step ball of R beside L, step R beside L  
28            Step L forward  
29&30          Kick R forward, step ball of L beside R, step L beside R  
31-32          Walk forward R, L

**Repeat**

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