

# No Body

拍数: 32      墙数: 4      级数: Improver  
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音乐: No Body - Blake Shelton



## 2 Restarts, 1 Tag 4 count

### Count 1-8 Walk bw x 2, coasterstep, rockingchair, point, 1/4 turn L

1, 2,            Walk backwards with L & R,  
3 & 4            Step LF back, Place RF next to LF, step LF fw  
5 & 6 &        Rock fw on RF, recover on LF, rock RF back, recover on LF  
7, 8            Point RF fw, make a ¼ turn L with weight on RF

**Restart on wall 2. Facing 6 o'clock**

### Count 9-16 Sailorstep x 2, step turn ¼ R, kickball change

9 & 10,        Cross LF behind RF, place RF next to LF, step LF to L  
11 & 12        Cross RF behind LF, place LF next to RF, step RF to R  
13, 14        Step LF fw, turn ¼ R, weight on RF  
15 & 16        Kick LF fw, place LF next to RF, step RF on place

**Restart on wall 8. Facing 3 o'clock**

### Count 17-24 L Wizard of Oz, Tripplestep diagonal R, ½ Step turn, Tripplestep ¼ turn

17, 18 &        Step LF diagonal fw, RF behind LF, step LF diagonal fw  
19 & 20        Step RF diagonal fw, LF behind RF, step RF diagonal fw  
21, 22        Step LF fw, turn ½ R weight on RF  
23 & 24        Turn ¼ R step LF to L, cross RF over LF, step LF to L

### Count 25- 32 Weave, Rock L, sailor point, step Touch, step point

25 & 26        Cross RF behind L, step LF to L, cross RF over LF  
27, 28        Rock LF to left, recover on RF  
29 & 30        Cross LF behind RF, RF next to LF, point LF diagonal fw L  
& 31 & 32        Step down on LF, Touch RF next to LF, step RF diagonal back R, point LF diagonal fw L

**Start again**

### Tag; 4 counts After wall 5. Step touch, step point x 2 (9 o'clock)

& 1 & 2        Step down on LF, Touch RF next to LF, step RF diagonal back R, point LF diagonal fw L  
& 3 & 4        Step down on LF, Touch RF next to LF, step RF diagonal back R, point LF diagonal fw L

**Have Fun!**