Lose Your Shoes (P)



编舞者: Ryan Pascarella (USA) - March 2012

音乐: It Must Be Love - Alan Jackson

或: Why Don't We Just Dance - Josh Turner 或: Here for a Good Time - George Strait



Start dancing on lyrics

MAN'S STEPS

STEP, BRUSH, SHUFFLE, ROCK, RECOVER 1/4 SHUFFLE (2 HAND HOLD)

1-2 Step right forward, brush left forward

3&4 Chassé forward left, right, left

5-6 Step right forward, recover back to left

7&8 Step right back turning a turn ¼ right, step left together, step right to side

WEAVE, ROCK RECOVER 1/4 SHUFFLE(BACK TO SINGLE HAND HOLD)

1-2 Cross left over right, step right to side
3-4 Cross left behind right, step right to side
5-6 Cross/rock left over right, recover to right

7&8 Step left to side, step right together, step left to side making a turn ¼ left

STEP, TOUCH, BACK TOUCH SIDE TOGETHER SIDE TOUCH (SWITCH HANDS AS LADY CROSSES IN FRONT)

Step right diagonally forward, touch left together
Step left diagonally back, touch right together
Step right to side, step left together

7-8 Step right to side, touch left

SHUFFLE, COASTER STEP, ROCK, RECOVER, SHUFFLE (SWITCH HANDS AS LADY CROSSES IN FRONT)

Step left, right, left moving slightly to left, begin leading the lady across in front Step slightly back on right, back together on left, slightly forward on right.

5-6 Rock left back, recover right forward

7&8 Chasse forward left, right, left.

LADY'S STEPS

STEP, BRUSH, SHUFFLE, ROCK, RECOVER 1/4 SHUFFLE (2 HAND HOLD)

1-2 Step left forward, brush right forward
3&4 Chassé forward right, left, right
5-6 Step left forward, recover back to right

7&8 Step left back turning a turn ¼ left, step right beside right, step left to side

WEAVE, ROCK RECOVER 1/4 SHUFFLE(BACK TO SINGLE)

1-2 Cross right over left, step left to side
3-4 Cross right behind left, step left to side
5-6 Cross/rock right over left, recover to left

7&8 Step right to side, step left together, step right to side making a turn ¼ right

STEP, TOUCH, BACK TOUCH SIDE TOGETHER SIDE TOUCH (SWITCH HANDS AS MAN CROSSES BEHIND)

1-2	Step left diagonally forward, touch right together
3-4	Step right to right side, touch left together
5-6	Step left to side, step right together
7-8	Step left to side, touch right

$\mbox{\ensuremath{\%}}$ SHUFFLE, $\mbox{\ensuremath{\%}}$ ROCK, RECOVER, SHUFFLE (SWITCH HANDS AS MAN CROSSES BEHIND)

1&2 Step right, left, right making ½ turn to face RLOD

3&4 Step left, right, left making a turn ¼ left

5-6 Rock right back turn ¼ right, recover left forward

7&8 Chassé forward right, left, right.

REPEAT