

Growing Older

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Easy Intermediate
编舞者: Alison Johnstone (AUS) & Adeline Cheng (MY) - August 2023
音乐: Growing Older - JJ Heller : (iTunes)



Intro: Start on the word "Certain"

Restarts: Wall 3 after 8 counts, wall 6 after 16 counts, both restarts to 12.00

Tag: End wall 7 facing 6.00 4 count easy Tag

[1-8]: SIDE, BEHIND, ¼ L (&), STEP, PIVOT ½, STEP, STEP SPIRAL R, STEP, ROCK, RECOVER (&)
(3.00)

1 2& Step side L, Step R behind, ¼ over L, Step forward on L (&) (9.00)

3 4 5 Step fwd on R, Pivot ½ over L, Step fwd on R (3.00)

6 7 Step fwd L spiraling over R, Step fwd on R

8& Rock fwd on L, Recover on R (&)

****During wall 3 you will be facing 3.00 simply restart ¼ over r to face 12.00**

[9-16]: STEP, ROCK, RECOVER (&), ¼ R, STEP PIVOT ½, STEP, STEP SPIRAL L, STEP, TOGETHER
(12.00)

1 2& Step side L, Rock back R, Recover L (&)

3 4 5 ¼ over R fwd on R, Step fwd L, Pivot ½ over R (12.00)

6 7 Step fwd L, Step fwd R spiraling over L,

8& Step on L, Step R together

****Restart here during wall 6**

[17-24]: WALK ¼, WALK 1/8, WALK ¼, WALK 1/8, TOGETHER (&), STEP, ¼ INTO SCISSOR, SIDE (6.00)

1 2 3 ¼ over L fwd on L (9.00), 1/8 over L fwd on R (7.30), ¼ over L fwd on L (4.30)

4&5 1/8 over L step on R (3.00), Step fwd L, Step together R (&) (3.00) (Walk ¾ around - clock is a guide)

6&7 ¼ over R stepping L side, Step R together (&), Cross L over R (6.00)

8 Step R to side

[25-32]: BEHIND, SIDE (&), CROSS, SWAY, SWAY, BEHIND, SIDE (&), CROSS, SWAY, SWAY WITH DRAG

1&2 Step L behind R, Step side R (&), Cross L over R

3 4 Step R to side with a sway, Sway L

5&6 Step R behind L, Step side L (&), Cross R over L

7 8 Step L to side with a sway, Sway R dragging L towards R

****** TAG..... End Wall 7 facing 6.00 add tag below******

TAG: SIDE, TOGETHER, TOGETHER (&), BACK, ROCK, RECOVER (&)

1 2& Step side on L, Step R together, Step L together (&), (use hips for styling)

3 4& Step side on R, Rock back on Lft, Recover on R (&)

ENDING: Dance 1st 8 counts of dance to face 9.00, ½ over L stepping fwd L, ¼ over L stepping R side dragging L

Choreographed by us to this beautiful song that Adeline sent to me for the Nuline Dance Malaysia's 11th Birthday Party

We hope you enjoy this lovely flowing dance ☐