Brutal Heart



拍数: 48

墙数:4

级数: Phrased Easy Intermediate

编舞者: Island Trio (CAN) - August 2023

音乐: Use Me (Brutal Hearts) - Diplo, Sturgill Simpson, Dove Cameron & Johnny Blue Skies

Phrased Dance Part A is 16 counts, Part B is 32 Counts Dance Sequence A,A,A,A TO COUNT *12, B, (9:00) A,A,A,A TO COUNT *12, B (6:00) A,A,A,A,A TO COUNT **6, (9:00) ***TAG- ROCK RIGHT BACK, RECOVER TO WEIGHT TO LEFT, B A,A,A,A TO COUNT 12, ENDING

Part A- 16 COUNTS

Section One: Walk Forward, Rock Recover, Cha Cha Back

- 1-2 Walk forward left, right
- 3-4 Rock L forward, Recover weight to right
- 5&6 Travelling back, left, right, left **
- 7&8 Travelling back, right, left, right

Section Two: Rock, Recover, Left Lindy, Chasse Right

- 1-2 Rock Left back, recover weight to right
- 3&4 Step left to left side, step right together, step left to left side*(Part B)
- 5-6 Rock right back, recover weight to left,
- 7&8 Step right to right side, step left together, step to right side

(To begin the next section, at the end of the Chasse, turn ¼ right, making the first step of the dance walking forward on left, on your new wall).

Part B-32 COUNTS

Section One: Right K- Step

- 1-4 Step right forward, touch left, step left back, touch right
- 5-8 Step right back, touch left, step left forward touch right

Section Two: Extended Right Vine Cross, Touch

- 1-4 Step right to right side, step left behind right, step to right side, cross left over right,
- 5-8 Step right to side, step left behind right, step right to right side, touch left

Section Three: Right K- Step

- 1-4 Step left forward, touch right, step right back, touch left
- 5-8 Step left back, touch right, step right forward touch left

Section Two: Extended Left Vine Cross, Together

- 1-4 Step left to left side, step right behind left, step to left side, cross right over left,
- 5-8 Step left to left side, step right behind left, step left to left side, step right together

(Clue when Part B is danced, the music tempo changes, and the lyrics are Use Me)

Ending: Count 12, after dance the side chasse part of the Lindy, touch right toe behind left, turn ½ right to front wall.

We hope you enjoy the dance!

