

I'm Alive 2023

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Judy Rodgers (USA) - August 2023
音乐: I'm Alive - Céline Dion



#24 count intro (after beat kicks in) 3 tags and 1 restart

S1: Dorothy steps R & L, rock recover, coaster step

1-2& Step R fwd to right diagonal, lock L behind R, step R fwd
3-4& Step L fwd to left diagonal, lock R behind L, step L fwd
5-6 Rock R fwd, recover L
7&8 Step R back, step L beside R, step R fwd

S2: Walk walk turn 1/4 L, cross and cross, turn 1/4 R turn 1/4 R, shuffle

1-2& Step L fwd, step R fwd, turn 1/4 left step L to left side 9:00
3&4 Cross R over L, step L to left, cross R over L
5-6 Turn 1/4 right step L back, turn 1/4 right step R to right side 3:00
7&8 Shuffle fwd L R L

***** Restart here on Wall 6 (facing 9:00)

S3: Kick and touch, sailor turn 1/4 L, heel & heel &, walk walk

1&2 Kick R fwd, step on ball of R, touch L to left side
3&4 Turn 1/4 left step L behind R, step R to right side, step L to left side 12:00
5&6& Touch R heel fwd, step down on R, step L heel fwd, step down on L
7-8 Walk R, walk L

S4: Rock recover, coaster cross, turn 1/4 R turn 1/4 R, shuffle fwd

1-2 Rock R fwd, recover L
3&4 Step R back, step L beside R, cross R over L
5-6 Turn 1/4 right step L back, turn 1/4 right step R fwd 6:00
7&8 Shuffle fwd L R L

Tag 1: danced after Wall 2 and Wall 4: (Side, hold, cross rock, sway, hold, sway, sway)

1-4 Step R to right side, hold, cross L over R, recover R
5-8 Sway L, hold, sway R, sway L

Tag 2: Wall 7, add following 4 counts (Out out, in in)

1-4 Step R fwd to right diag, step L fwd to left diag, step R back to center, step L beside R

Note: The first 6 walls are danced facing 12:00 and 6:00 - the restart on Wall 6 changes the walls to 9:00 and 3:00.....

The last (wall 10) has 12 or 13 beats....end after 12 beats facing 12:00....pose and smile!