

Respect

拍数: 40 墙数: 4 级数: Absolute Beginner
编舞者: Jaye Gelwicks (USA) - August 2023
音乐: Respect - Aretha Franklin



Intro 16 Counts (Start at "oo" vocals), *1 easy Restart

[1-8] SUGAR FOOT RIGHT & LEFT, STEP SIDE SLIDE TAP, STEP SIDE TOGETHER, LEFT 1/4 TURN

1&2, 3&4 Tap R Toe Next to L (1), Tap R Heel Next to L (&), Step R Next to L (2), Tap L Toe Next to R (3), Tap L Heel Next to R (&), Step L Next to R (4)
5, 6, 7, 8 Step Side Right on R (5), Slide & Tap L Next to R (6), 12:00 Step Side Left with L (7), 1/4 Turn Left Tap R Next to L (8) 9:00

[9-16] STEP SIDE TOGETHERS, LEFT 1/4 TURN, DOUBLE HIP BUMPS RIGHT AND LEFT

1, 2, 3, 4 Step Side Right on R (1), Tap L Next to R (2), Step Side Left on L (3), 1/4 Turn Left Tap R Next to L (4) (weight still on L) 6:00
5, 6, 7, 8 Step Side Right on R, Double Hip Bumps Right (5,6), Transfer Weight to L - Double Hip Bumps Left (7,8) 6:00

[17-24] SIDE AND BACK TAPS (*More Adv Beginner – Side and Back Salsa Steps 1&2,3&4's)

1,2,3,4 Tap R Side Right (1), Step R Next To L (2), Tap L Side Left (3), Step L Next To R (4);
5,6,7,8 Tap R Behind (5), Step R Next to L (6), Tap L Behind (7), Step L Next to R 6:00

[24-32] TURNING 1/4 LEFT OF TOE STRUTS (1/8 INCREMENTS)

1 – 8 Tap R Toe Fwd (1), Drop R Heel (2), 1/8 Turn Left Tap L Toe Fwd (3), Drop L Heel (4), Tap R Toe Fwd (5), Drop R Heel (6), 1/8 Turn Left Tap L Toe Fwd (7), Drop L Heel (8) 3:00

[33-40] V-STEPS RIGHT AND LEFT

1,2,3,4 Step R Diag Right (1), Step L Across From R (2), Step R Back Home (3),
5,6,7,8 Tap L Next To R (4) - Step L Diag Left (5), Step R Across From Left (6), Step L Back Home (7), Tap R Next to L 3:00

*Restart: End of Wall 4, First 32 counts only (no V-Steps), Will be your 2nd Time facing 12:00.

CONTACT INFO: zumbajaye@yahoo.com for any questions or comments. Find more of my choreography on <https://www.copperknob.co.uk> or my personal Youtube Channel: Jaye Gelwicks

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