

Always Forever

COPPER KNOB
BY STEPHEN METZ

拍数: 48 墙数: 2 级数: Improver
编舞者: Wiwik Katarina (INA), Dwi Astutiningsih (INA) & Dian Rose (INA) - August 2023
音乐: Always - Bon Jovi



Intro 20 Count

There is 1 Tag and 4 restarts

SECTION 1. DOROTHY, SYNCOPATED ROCKING CHAIR, REVERSE COASTER STEP

- 1 2 & 3. Step RF diagonal (1), Lock LF behind RF (2), Step RF diagonal (3), Step LF diagonal (3)
- 4 & 5 Step Lock RF behind LF (4), Step LF diagonal (&), Step RF Forward
- & 6 & Recover on LF (&), Step RF Back (6), Recover on LF (&)
- 7 & 8. Step RF forward (7), Step LF beside RF (&), Step RF Back (8)

SECTION 2. SAILOR L ,BEHIND,SIDE ROCK, RECOVER ,CROSS, LUNGE, BEHIND, SIDE, FORWARD

- 1 & 2. Step LF slightly behind RF with sweep (1), Step RF to side (&), Step LF to side(2)
- & 3 & 4. Step RF slightly behind LF with sweep (&), Step LF to side (3), Recover on RF(&), Step LF Cross Over RF (4)
- 5 6. Step RF to R weight on RF bent leg with other leg straight (5), Recover on LF (6)
- 7 & 8. Step RF behind LF (7), Step LF to side (&), Step RF forward (8)

RESTART HERE at WALL 7 With Step Change

- & Step LF to side

SECTION 3. SYNCOPATED ROCKING CHAIR, REVERSE COASTER STEP, UNWIND

- 1 & 2. Step LF forward (1), Recover on RF (&), Step LF Back (2)
- & 3 & 4. Recover on RF (&), Step LF forward (3), Step RF beside LF (&), Step LF back(4)
- 5 & 6. Step RF back (5), Step LF beside RF (&), Step RF forward (6)
- 7 8. Step LF cross over RF weight still on RF (7), Turn 3/4 R doing UNWIND stepping on RF (8) facing 09.00

SECTION 4 NC STEP, SIDE ROCK, WEAVE, RECOVER, SPIRAL, WALK R L

- 1 2 & 3. Step LF to Side (1), Step RF slightly behind LF (2), Step LF Cross over RF (&), step RF to R (3)
- 4 & 5. Step LF behind RF (4), step RF to side (&), step LF cross over RF (5)
- 6 & 7. Recover on RF (6), step LF diagonal facing 7.30(&), step RF forward (7)
- & 8 & Full Turn Spiral stepping on LF (&), Step RF forward facing 7.30 (8), Step LF forward (&)

RESTART HERE At Wall 4, 5 & 6

SECTION 5. TURN 1/8 L, DIAMOND 3 / 4, WALK,WALK

- 1 2 & 3 Turn 1/8 L step RF to R (1), Turn 1/8 L step LF back facing 4.30 (2), step RF back (&), Turn 1/8 L step LF to side facing 03.00 (3)
- 4 & 5. Turn 1/8 L step RF forward (4), Step LF forward (&), Turn 1/8 L Step RF to Side facing 12.00 (5)
- 6 & 7. Turn 1/8 L step LF back facing 10.30 (6), Step RF back (&), Turn 1/8 L step LF to side facing 9.00 (7)
- & 8. Step RF forward (&), Step LF Forward (8)

SECTION 6. ROCK FORWARD, RECOVER, ROCK SIDE, RECOVER, BACK, TURN 1/4 L SAILOR STEP, TOUCH SIDE, DRAG

- 1 & 2 & 3. Step RF forward (1), Recover on LF (&), Step RF to Side (2), Recovet on LF (&), step RF back (3)

- 4 & 5. Turn 1/4 L step LF sweep front to back facing 6.00 (4), step RF beside LF (&), Step LF forward (5)
6 7 8. Step Touch RF to R (6), Drag your foot to L (7), Step RF touch beside LF (8)

TAG: AFTER WALL 2

- 1 2 & Step RF to R (1), Step LF slightly behind RF (2), Step RF cross over LF (&)
3 4 & Step LF to L (3), Step RF slightly behind LF (4), Step LF Cross Over RF (&)
5. 6. Step RF Touch to R (5), step RF touch beside LF (6)
7 8. Step RF to R (7), Step LF beside RF (8)

ENJOY THE DANCE

FEEL THE BEAT AND DANCE WITH HEART

Contact person: Sugengajah36@gmail.com
Suwiksuwik3@gmail.com
Dianrose_75@yahoo.com

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