My Guy

拍数: 32

级数: Beginner

编舞者: Lynn Funk (USA) - August 2023

音乐: My Guy - Mary Wells

Dance starts on vocals about 16 counts from start of music.

Toe Struts RF and LF (1:00), Rock/Recover, Step RF Back, LF to Left

Touch R Toe Forward (1:00), Step RF Down, Touch L Toe Forward (1:00), Step LF Down 1-4 5-8 Rock RF Forward, Recover on LF, Step RF Back, Step LF to Left

Toe Struts RF and LF (11:00), Rock/ Recover, Step RF Back, Cross LF over RF

- 1-4 Touch R Toe Forward (11:00), Step RF Down, Touch L Toe Forward (11:00), Step LF Down
- 5-8 Rock RF Forward, Recover on LF, Step RF Back, Cross LF Over RF
- Optional Restart Here wall 8 on 3:00 wall (second time on 3:00 wall)

Extended Grapevine Right, Rocking Chair (1:00)

- Step RF to Right, Cross LF Behind RF, Step RF to Right, Cross LF Over RF 1-4
- 5-8 Rock RF to Forward (1:00), Recover on LF, Rock RF Back, Recover on LF

Rock/Recover, Pivot 1/8 Left x 2, Crossing Jazz Box

- Step Forward on RF and Pivot 1/8 Left, Recover on LF, Step Forward on RF and Pivot 1/8 1-4 Left, Recover on LF (9:00)
- 5-8 Step RF Over LF, Step LF Back, Step RF to Right, Cross LF Over RF (or Step LF Forward)

End of Dance.

Optional Restart: I honestly don't think a restart is necessary with this song, but there is a point where an easy Restart could occur. My demo shows the Restart, but I do believe its optional. If you like the dance and song, just dance whichever way feels best for you. Thank you.

The Optional Restart occurs on 8th Rotation facing Wall 3 after the first 16 counts (second time on 3:00 wall). Repeat the first 16 counts.

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墙数:4