

Heart of a Fighter

拍数: 40 墙数: 4 级数: Improver
编舞者: Jack Hennighan (UK) - August 2023
音乐: I'm a Survivor - Reba McEntire



16 Count Intro - Start on Vocals

Section 1: R Dorothy, L Dorothy, R FWD Rock, Recover, Chasse ¼ R

1-2& Step R to R diagonal, lock L behind R, step R to R diagonal
3-4& Step L to L diagonal, lock R behind L, step L to L diagonal
5-6 Rock FWD on R, Recover on L
7&8 Step R to R Side, step L next to R, turn ¼ stepping R FWD (3)

Section 2: L Cross, R Side, L Sailor, R Cross, R ¼ Turn, R Chasse ¼ Turn

1-2 Cross L over R, Step R to R side
3&4 Cross L behind R, step R to R side, step L to L side
5-6 Cross R over L, ¼ turn R stepping back on L (6)
7&8 Step R to R Side, step L next to R, turn ¼ stepping R FWD (9)

Section 3: L Cross Rock, Recover, L Chasse ¼ Turn, R FWD Rock, Recover, R Shuffle ½ Turn

1-2 Cross rock L over R, Recover R
3&4 Step L to L Side, step R next to L, turn ¼ stepping L FWD (6)
5-6 Rock FWD R, Recover L
7&8 Turn ¼ R stepping R to R, step L next to R, turn ¼ R stepping R FWD (12)

Section 4: L FWD Rock, Recover, L Coaster Step, R FWD Rock, Recover, R Shuffle ½ Turn

1-2 Rock FWD L, recover R
3&4 Step back on L, step R next to L, Step FWD on L
5-6 Rock R FWD, Recover L
7&8 Turn ¼ R stepping R to R, step L next to R, turn ¼ R stepping R FWD (6)

Section 5: L Chasse ¼ Turn, Rock Back R 1/8 Turn, Recover, Full Turn R, Syncopated Rocking Chair

1&2 Step L to L Side, step R next to L, turn ¼ stepping L FWD (9)
3-4 Rock back on R turning 1/8 turn, recover L (10:30)
5-6 ½ turn R stepping back R, ½ turn L stepping FWD L (10:30)
7&8& Rock FWD R, Recover L, Rock back R, Recover L

Note: When starting first Dorothy Step square back up to 'main' wall out of diagonal corner (i.e. 10:30 squares back up to 9:00 wall)

TAG – End of Wall 2:

R Side rock, & L side rock, ½, ½, L Coaster step

1-2 R side rock, Recover L turning 1/8 L (6)
&3-4 R Ball side, L side rock, recover R
5-6 ½ turn L stepping back L, ½ R stepping FWD R
7&8 Step back on L, step R next to L, Step FWD on L

Feedback on this first dance very welcome :)

Last Update: 23 Aug 2023