

Neon Light Speed (P)

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 0 级数: Improver - Partner
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音乐: Neon Light Speed - Jon Pardi



Intro: 32 counts. Start in Close Western position, the man facing OLOD and the lady facing ILOD.
The man starts on R foot and lady on L foot.

[1-8] M : CROSS PRESS, 1/4 TURN R and STEP BACK, COASTER STEP, 2X (WALK BACK), SHUFFLE in 1/2 TURN L

[1-8] L : CROSS PRESS, 1/4 TURN R and STEP BACK, COASTER STEP, FULL TURN R, SHUFFLE FWD
1-2 M&L : Press ball cross over L (flex R knee), 1/4 turn to right and step L back (RLOD) (LOD)

*** On count 2, the man takes both lady's hands.

You are now in Double Hand Hold position.

3&4 M&L : Step R back, step L together R, step R forward

5-6 M : Walk back with LR

L : 1/2 turn to right and step L back, 1/2 turn to right and step R forward

*** On count 5, the man with his R hand raise the lady's L hand over her head.

*** On count 6, the man with his L hand let go the lady's R hand.

7&8 M : Shuffle in 1/2 turn to left with LRL (LOD)

L : Shuffle forward with LRL

*** On count 7, the man with his L hand take the lady's L hand.

On count 8, the man with his R hand the lady's R hand in her back (hip height).

You are now in Skater position.

[9-16] M : DIAG. STEP FWD, FLICK L, DIAG. SHUFFLE FWD, ROCK STEP, RECOVER, SHUFFLE BACK

[9-16] L : DIAG. STEP FWD, FLICK L, DIAG. SHUFFLE FWD, ROCK STEP, RECOVER, SHUFFLE in 1/2 TURN R

1-2 M&L : Step R forward diagonally to right, raise step L cross behind R knee

3&4 M&L : Shuffle forward diagonally to left with LRL

5-6 M&L : Rock forward on R, recover on L

7&8 M : Shuffle back with RLR

L : Shuffle in 1/2 turn to right with RLR (RLOD)

*** On count 7, raise both L hands over the lady's head.

*** On count 8, lower both hands in Double Hand Cross position.

[17-24] M : STEP BACK, ROCK BACK, RECOVER, 1/4 TURN L, SLIDE, GIANT STEP, HOOK in 1/4 TURN L, SHUFFLE FWD

[17-24] L : STEP FWD, ROCK STEP, RECOVER, 1/4 TURN R, SLIDE, GIANT STEP, HOOK in 1/4 TURN L, SHUFFLE FWD

&1-2 M : Step L back, rock back on R, recover on L

L : Step L forward, rock forward on R, recover on L

3-4 M : 1/4 turn to left and step R to right side, slide L together R (ILOD)

L : 1/4 turn to right and step R to right side, slide L together R (ILOD)

*** On count 3, let go both L hands.

*** On count 4, take both L hands in the man's back.

5-6 M&L : Giant step R to right side, 1/4 turn to left and cross step L over the R knee. (RLOD) (RLOD)

7&8 M&L : Shuffle forward with LRL

*** On count 8, both L hands forward and both R hands back.

[25-32] M : STEP FWD, PIVOT 1/4 TURN L, CROSS, STEP SIDE, CROSS, STEP SIDE, ROCK SIDE, RECOVER

[25-32] L : STEP FWD, PIVOT 1/4 TURN L, CROSS, STEP SIDE, CROSS, STEP SIDE, STEP FWD, PIVOT 1/2 TURN L

1-2 M&L : Step R forward, pivot 1/4 turn to left (OLOD) (OLOD)

***** On count 1, let go both R hands.**

***** On count 2, take both R hands in Indian position.**

3-4 M&L : Cross step R over L, step L to left side

5-6 M&L : Cross step R behind L, step L to left side

7-8 M : Rock to right side on R, recover on L

L : Step R forward, pivot 1/2 turn to left

***** On count 8, take the Close Western position.**

TAG 1 : At the 4th repetition of the dance, after the first 4 counts, add these 4 counts tag :

5-6 M : Step L back, 1/4 turn to left and step R together L (OLOD)

***** On count 5, the man raises the lady's L hand over her head and let go her R hand.**

L : 1/2 turn to right and step L back, 1/4 turn to right and step R to right side (ILOD)

7&8 M : Chassé to left with LRL

L : Cross shuffle to right with LRL

***** On count 8, take the Close Western position.**

TAG 2 : At the 8th repetition of the dance, add these 4 counts tag :

1-2-3-4 Sway hips to right, left, right, left

Restart from the beginning !

ENJOY AND HAVE FUN !

GUY & NANCY, SERGE & FRANCE

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