

Dirt in My Life

拍数: 32 墙数: 2 级数: Improver
编舞者: Nancy Milot (CAN) & Guy Dubé (CAN) - August 2023
音乐: Dirt In My Life - Chris Janson



Intro: 16 counts.

[1-8] 2X (SCOOT BACK), COASTER STEP, 2X (WALK FWD), STEP-LOCK-STEP FWD

&1 Slide and skip back on step L, step R back
&2 Slide and skip R back on step R, step L back
3&4 Step R back, step L together R, step R forward
5-6 Walk forward with LR
7&8 Step L forward, lock step R behind L, step L forward

[9-16] POINT R, TOGETHER, POINT L, TOGETHER, KICK-BALL-STEP, JAZZ BOX in 1/4 TURN R

1& Point R to right side, step R together L
2& Point L to left side, step L together R
3&4 Kick R forward, step R together L, step L forward
5-6 Cross step R over L, step L back
7-8 1/4 turn to right and step R to right side, step L forward

[17-24] ROCK FORWARD, RECOVER, 1/4 TURN R and CHASSÉ to R, 1/4 TURN R and CHASSÉ to L, ROCK BACK, RECOVER

1-2 Rock step R forward, recover on L
3&4 1/4 turn to right and chassé to right with RLR
5&6 1/4 turn to right and chassé to left with LRL
7-8 Rock back on R, recover on L

[25-32] JUMP OUT-OUT, BACK, STEP-LOCK-BACK, STEP-LOCK-BACK, SAILOR STEP 1/4 TURN L

&1-2 Jump forward on R outside to right, step L outside to left, step R back
3&4 Step L back, lock step R in front of L, step L back
5&6 Step R back, lock step L in front of R, step R back
7&8 Cross step L behind R, 1/4 turn to left and step R to right side, step L forward

Baby tag : After 5 repetitions of the dance, add these 4 counts tag :

1-4 Step R forward, 1/8 turn to left, step R forward, 1/8 turn to left (weight on L)

Restart : After the baby tag, do the first 16 counts of the dance and restart the dance from the beginning.

**ENJOY AND HAVE FUN !
NANCY & GUY**

Last Update: 25 Aug 2023