

Raised Up High

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner
编舞者: Shiloh Fogle (USA) - August 2023
音乐: But I Got A Beer In My Hand - Luke Bryan
或: I'm Good (Blue) - David Guetta & Bebe Rexha : (Clean Version)
或: Summer Baby - Jonas Brothers
或: Taste like Summertime - OFF KEY JUNIOR & Lovespeake



Intro: 16 counts, start on lyrics

Section 1 - 3 walks R diagonal, touch; 3 walks back L diagonal, touch

1,2,3,4 Step RF forward diagonal to R, step LF diagonal to the RF, step RF diagonal, touch LF behind RF

5,6,7,8 Step LF back diagonal, step RF back diagonal to the LF, step LF diagonal, touch RF to LF

*** Restart here on wall 4 after 8 counts facing 6:00**

Section 2 - ¼ Right Monterey Turns X 2

1,2,3,4 Point RF to R side. Turn ¼ R stepping right beside left. Point LF to L side. Step LF beside RF (3:00)

5,6,7,8 Repeat steps 1-4 (6:00)

New beginners can do four step touches while making a half turn to the right until they can master the Monterey Turn

Section 3 - Hip bumps R, L, RLRL

1,2,3,4 Bump hips R 2X, Bump hips L 2 X

5,6,7,8 Bump hips R,L, R, L

(You can also do a hip circle for the last 4 counts instead of bumps)

Section 4 - R& L Toe Heel Struts, Jazz box

1,2 Touch R toe forward, drop R heel (weighting foot)

3,4 Touch L toe forward, drop L heel (weighting foot)

5,6,7,8 Cross R foot over LF, step L foot back, step R foot to side, step L foot to R foot.

Start again!

Restart at wall 4 facing 6:00. Do the first 8 counts and then restart the dance.

The hip bumps were added as an homage to my mom who loves to put hip bumps or wiggles in almost any dance, giving me even more reason to smile on the dance floor.

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Last Update - 19 Sep 2023 - R2