

Almost Jamaica

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 1 级数: Beginner / Improver
编舞者: Elizabeth Moe (USA) - 2 September 2020
音乐: Almost Jamaica (Re-Recorded) - The Bellamy Brothers



Begin dance after 16 counts intro.

MAMBO'S: RIGHT SIDE & LEFT SIDE; WALK for 4

1&2 Rock R to R side (1), Recover onto L (&), step R next to L (2)
3&4 Rock L to L side (3), Recover onto R (&), step L next to R (4)
5-8 Walk: R (5) - L (6) - R (7) - L (8)

MAMBO'S: RIGHT SIDE & LEFT SIDE; WALK BACK for 4

1&2 Rock R to R side (1), Recover onto L (&), step R next to L (2)
3&4 Rock L to L side (3), Recover onto R (&), step L next to R (4)
5-8 Walk Backwards: R (5) - L (6) - R (7) - L (8)

VINE RIGHT w/ CHA CHA CHA, VINE LEFT w/ TOE TAP

1-2 Step R to R side (1), Cross L behind R (2)
3&4 Step R to R side for R Cha (3) - L Cha (&) - R Cha (4)
5-6 Step L to L side (5), Cross R behind L (6)
7-8 Step L to L side (7), touch R toe next to L (8)

BACK MAMBO BOX with ARMS EXTENDED UP (PALM TREE)

1-2 Step R to R side (1) - Hold L next to R ankle (2)
3-4 Walk backwards L (3) - R (4)
5-6 Step L to L side (5) - Hold R next to L ankle (6)
7-8 Walk forward R (7) - L (8)

(To the Top)

Note: one 16-count transition* after the seventh (7th) time through:

(1) (2) (3) (4) (5) (6) (7) (8)

*Four (4) triple steps: R - L - R - Hold, L - R - L - Hold
(Repeat, for total 16 counts)

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