

Vibin'

拍数: 48 墙数: 4 级数:
编舞者: Tristan Downing (USA)
音乐: I Feel Good - Thomas Rhett



Tag *Right after second wall* -
Restart *16 Counts into 5th Wall*

Intro: 16 Counts

One Tag - 8 Counts, One Restart

[1-8] -- Step and twist, coaster step, spin plant left foot, cross forward with right.

1 - 2 - Plant RF, turn out
3 & 4 - Step RF back, Tap LF in place, step forward RF
5 & 6 - Spin 450 to face 3:00 stepping left, right, left
7 & 8 - cross RF behind LF, rock on RF, recover left, step RF to L

[9-16] – Turn ½ over LS, shuffle, turn ½ over LS shuffle, swing LF behind RF turn ¼ L, step RF to R turn ¼ R, step LF forward, plant RF, plant LF

1 & 2 - Swing LF back turning ½ over LS and Shuffle
3 & 4 - Swing RF back turning ½ over LS and shuffle
5 & 6 - Swing LF behind RF turn ¼ L, step RF turn ¼ R, Step LF up
7 & 8 - Step RF forward, tap LF *weight on right foot

[17-24] – Diagonal back left, diagonal back right, plant LF back, hitch turning ½, step LF, step up RF

1 & 2 - Step LF diagonally back, shuffle
3 & 4 - Step RF diagonally back, shuffle
5 & 6 - Step LF back, hitch L knee up turning ½
7 & 8 - Step LF forward, tap RF *Weight on left foot*

[25-32] – Cross RF behind LF, rock-recover, cross LF behind RF, rock-recover, step back RF, step back LF, Swing right foot in a circle ¾, Plant RF

1 & 2 - Cross RF behind LF, rock and recover, step RF up parallel
3 & 4 - Cross LF behind RF, rock and recover, step LF up parallel
5 - 6 - Step RF back, step LF back
7 & 8 - Swing RF around turning 270, plant RF

[33-40] Weave LF behind RF, RF step out R, Cross LF over RF, Step RF out, rock recover, weave RF behind LF, LF step out L, Cross RF over LF, unwind turning 5/4

1 & 2 - Weave LF behind RF, RF step out R, Cross LF over RF
3 & 4 - Step RF out, roc and recover
5 & 6 - Weave RF behind LF, LF step out L, Cross RF over LF
7 & 8 - Unwind 5/4 *450 degrees* facing 3:00 based on original wall

[41-48] Step RF forward, rock & recover, step RF back turning ¼ over R shoulder, Step LF over R shoulder turning ¾, Coaster step LF forward, step RF forward turn ¼ over L Shoulder, step RF forward turning ¾ over L Shoulder, Walk forward RF, LF

1 & 2 - Step RF forward, rock - Recover Left, step Right back turning ¼
3 & 4 - Step LF over R shoulder turning ¾, coaster step LF forward
5 & 6 - Step RF forward turning ¼ over LS, step LF turning ¾ turning over LS
7 - 8 - Step RF forward, step LF forward

Tag 1 - 8 Counts - Occurs after the second wall

[1-8] Step and twist, coaster step, spin 360, body roll

- 1 - 2 - Plant RF, turn out
 - 3 & 4 - Step RF back, Tap LF in place, step forward RF
 - 5 & 6 - Spin 450 to face 3:00 stepping left, right, left
 - 7 - 8 - Body Roll for two counts
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