

My All Rumba

COPPER KNOB
BYEPOSTETS

拍数: 48 墙数: 4 级数: Beginner
编舞者: Hee Yon Kim (KOR) - August 2023
音乐: My All (Rumba - 26 T/M) - Vio Friedmann



No Tag, No Restart

sec1 basic back Rumba , basic Forward Rumba,

2-3 Rf BackRock (2) Recover Lf (3)
4-5 Rf to R side (4) Hold (5)
6-7 Lf Fwd Rock (6) Recover Rf (7)
8-1 Lf to L side (8) Hold (|)

sec2 New york 1/4 L , spot turn R,

2-3 Turn 1/4 L Rf fwd Rock (2) Recover Lf (3)
4-5 Turn 1/4 R Rf to R side (4) Hold (5)
6-7 Turn 1/4 R Lf fwd (6) Turn 1/2 weight shift with Rf (7)
8-1 Turn 1/4 R Lf to L side weight shift with Lf(8) Hold (1)

sec 3 cucaracha (R-L) x4

2-3 Rf next to Lf (2) Recover Lf (3)
4-5 RecoverRf (4) hold (5)
6-7 recover Lf(6) Recover Rf (7)
8-1 Recover Lf(8) hold (1)

sec 4 RF back recover Lf Rf Fwd , Lf Fwd full turn R

2-3 Rf back (2) Recover Lf (3)
4-5 Rf fwd (4) hold (5)
6-7 Lf Fwd (6) Turn 1/2 R weight shift with Rf (7)
8-1 Lf Fwd (8) Turn 1/2 R weight shift with Lf (1)

sec 5 Rumba sliding doors, cucaracha

2-3 Rf back (2) Recover Lf (3)
4-5 Rf Toe cross over Lf (10:30) (4) hold (5)
6-7 Lf to L side (6) Recover RF (7)
8-1 Recover Lf (8) hold(1)

sec 6 spiral 3/4 Turn, Lf back Recover Rf Lf Fwd Hold

2-3 Rf backRock (2) Recover Lf (3)
4-5 Rf cross over Lf spirl 3/4 Turn(4) Hold (5)
6-7 Lf back Rock(6) Recover Rf (7)
8-1 Lf Fwd (8) hold (1)

Thank you for watching ☐☐

Last Update: 13 Aug 2023