

# I Got The Music

**COPPER** **KNOB**  
BY STEPHEN HETS

拍数: 32                      墙数: 2                      级数: Beginner  
编舞者: Heather Jayne Endall (AUS) - August 2023  
音乐: I've Got the Music In Me - Thelma Houston



**Intro: Start on vocals (16 counts)**

**Section 1: Step R to R side, Clap High, Cross L over R, Clap Low, 1/8 Hip Rolls counter clockwise over L x 2 [9:00]**

1,2                      R step to R side, clap hands high (2)  
3,4                      L cross over R, clap hands low (4)  
5,6                      Step R to R side turning 1/8 with hip rolls counter clockwise over L shoulder  
7,8                      Step R to R side turning 1/8 with hip rolls counter clockwise with over L shoulder [9:00]

**\*\* Restart wall 4 after 8 counts and TAG**

**\*\* Easy TAG = 4 counts: Tap R toe (1), replace (2), 1/4 turn to front Tap L toe (3), replace (4) RESTART**

**Section 2: R Toe Strut, L Toe Strut, Step R fwd, Pivot 1/2, R Kick Ball Change [3:00]**

1,2                      R toe fwd, step on R  
3,4                      L toe fwd, step on L  
5,6                      Step R fwd, Pivot 1/2 transfer weight on L [3:00]  
7,8                      R kick fwd, step R next to L, step L in place

**Section 3: R Shuffle fwd on diagonal, L Shuffle fwd on diagonal (rolling arms at chest height with shuffles), R Rock fwd, Recover with 1/4 turn over R shoulder, Chasse [6:00]**

1&2                      R fwd on diagonal, [1:30] L next to R (&), R fwd on diagonal (roll arms in front of chest)  
3&4                      L fwd on diagonal, [10:30] R next to L (&), L fwd squaring (roll arms in front of chest)  
5,6                      R rock fwd, Recover with 1/4 turn over R shoulder [6:00]  
7&8                      Step R to R side, L next to R(&), Step R to R side (keeping weight on R)

**Section 4: L side, Hold, R next to L, L step side, Touch R next to L, V step**

1, 2                      Step L to L side, Hold 2  
&3,4                      R next to L (&), step L to side, Tap R next to L  
5,6,7,8                      Step R on diagonal, Step L on diagonal, Step R back to centre, Step L beside R

**On the last wall – wall 10: Dance the first 8 counts. Then have fun with your ending! The music slows with key beats. My demo video shows an example ending by the Lake Monger Dance Ladies: Step R fwd, 1/4 turn stepping L to L side [6:00] Hold, Hands behind head and hip roll counter clockwise, step R to R side, L next to R, R to side, cross R over L unwind to front and jazz hands up / down. However.... Do whatever you feel in the music, be funky and enjoy!**

For questions / comments - please feel free to get in touch.

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