Rumba Maria La O



拍数: 32 墙数: 4 级数: High Beginner

编舞者: Ira Weisburd (USA) - August 2023

音乐: María la O - Orquesta Serenata Tropical: (Album: Rumbas Solamente Rumbas)



Introduction: 64 counts. Start @ approx. 37 sec.

NO TAGS! NO RESTARTS!

PART I. (FORWARD, SIDE, TOGETHER, BACK, SIDE, TOGETHER; FORWARD, SIDE, TOGETHER SIDE, BACK, SIDE)

1-2&	Step L forward, Step R to R, Step-close L beside R
3-4&	Step R back, Step L to L, Step-close R beside L
5-6&	Step L forward, Step R to R, Step-close L beside R

7-8& Step R to R, Step L back, Step R to R

PART II. (CROSS ROCK, RECOVER, SIDE, CROSS ROCK, RECOVER, SIDE; 1/4 L DIAMOND TURN)

1-2&	Step L across R, Recover back onto R, Step L to L
3-4&	Step R across L, Recover back onto R, Step R to R

5&6 Step L forward making 1/8 L Turn (10:30), Step R forward making 1/8 L Turn (9:00), Step L

back)

7&8 Step R back, Step L to L, Step R across L

PART III. (SIDE, TOGETHER, SIDE, ROCK BACK, RECOVER, SIDE; BACK, SIDE, CROSS, SIDE, 1/4 L TURN, CROSS)

1&2 Step L to L, Step-close R beside L, Step L to L

3&4 (Back Mambo Step: Step R back, Recover forward onto L, Step R to R

5&6 Step L back, Step R to R, Step L across R

7&8 Step R to R, Step L to L making 1/4 L Turn (6:00), Step R across L

PART IV. (WEAVE: BACK, SIDE, CROSS, SIDE, BACK, SWEEP, BACK, SIDE; JAZZ 1/4 R TURN, NIGHTCLUB STEP)

1&2& Step L back, Step R to R, Step L across R, Step R to R

3&4& Step L back, Sweep R from front to back, Step R back, Step L to L

5&6& Step R across L, Step L back making 1/4 R Turn (9:00), Step R to R, Step L forward

7-8& Step R to R, Rock back onto L, Recover forward onto R

REPEAT DANCE.