Saturday Night Moves



拍数: 64 墙数: 2 级数: High Intermediate

编舞者: Emily Faye (USA) - August 2023 音乐: Sound of a Saturday Night - LANCO



Starts 34-counts in, with start of lyrics:

[4 9] Stop	Cross F	Diaht Hold	Unwind w/ 2	2v Bourson I	Loff Sailor	Ston	Hold I	ock Ston
i i-oi Steb.	Cross r	Klant, mola,	Unwing w/ A	zx bounce. I	Leit Salior	Steb.	HOIG. L	ock-Sieb

& 1,2 Step L in towards R, Cross R in front of L, Hold

ON WALL 7: [2] becomes an additional bounce, as below:

½ turn left by unwinding feet and bend knees (on the beat) twice (6:00) 3, 4 5 & 6 7 Cross L behind R, Step R out to right, Step L to left diagonal, Hold

Lock R behind L, Step L to left diagonal 8 &

[9-16] Right Rocking Chair, Right Pivot Turn, ¼ Turn w/ Slide Right, Step Left

1, 2	Step R forward and rock weight onto R, Recover weight on L
3, 4	Step R backward and rock weight onto R, Recover weight on L
5, 6	Step R forward, Pivot 1/2 Turn left putting weight on L (12:00)

1/4 Turn Left stepping R out to right and sliding L towards right (9:00), Step L down 7,8

[17-24] Right Kick-ball-cross, Hold, Ball-cross, Point Right, 1/4 Right, Point Left, Step

1 & 2	Kick R forward, Recover weight back onto ball of R foot, Cross L in front of R
3 & 4	Hold, Step onto ball of R towards right, Cross L in front of R
5, 6	Point R out towards right, ¼ Turn Right bringing R beside L (12:00)
7.8	Point Lout towards left. Step L foot in payt to R

[25-32] Right Box ¼ Turn, Right Pivot Turn, ¼ Turn w/ Two Right Stomps

1. 2. 3. 4	Cross R in front of L	Sten L back 1/2 Turn	right stepping R forward	(3:00) Step I forward

Step R forward, Pivot ½ Turn left putting weight on L (9:00) 5, 6

7.8 1/4 Turn left using momentum of R foot stomping twice (7:30) & (6:00)

RESTART on first wall (facing 6:00)

[33-40] Rock-Step Right, Weave, Step Left, Right Heel-and-Step, Scuff Right, Step Out Right, Left

1, 2	Rock R foot out to right, Recover weight onto L
0 0 4	

3 & 4 Cross R behind L, Step L out to left, Cross R in front of L

& 5 & 6 Step L out to left, R heel out to right diagonal, Step R out to right, Step L next to R

7 & 8 Scuff R heel forward, Step R out to right, Step L out to left

ON WALL 3: [40] becomes Touch R out

RESTART on third wall (facing 12:00)

[41-48] Roll Right Knee, Recover ¼ Turn, ¼ Turn Right w/ two Hops and Hold Left Hitch, Step Left, Right Heel-and-Cross, Step Right, Left Heel-and-Step

1, 2	Roll R knee in, Place weight back on R and ¼ turn Right (9:00)
3, 4	1/4 Turn Right hopping left twice on R with L hitch (12:00)
& 5	Step L out to left, R heel out to right diagonal
& 6	Step R out to right, Cross L in front of R
& 7	Step R out to right, L heel out to left diagonal
& 8	Step L out to left, Step R forward

RESTART on fifth wall (facing 12:00)

[49-56] Step Left Forward into Body Roll, Step Back Left, Right to Repeat Body Roll, Left Hitch, Sweep R forward, Cross Shuffle

& 1, 2	Step L forward and body roll chest to hips until, Weight is back on R foot
& 3, 4	Step L next to R, Step R back with another body roll chest to hips, Recover weight onto R with L hitch
5, 6	Hop onto L and sweep R behind to front in counter-clockwise motion
7 & 8	Cross R in front of L, Step L out to left, Cross R in front of L

[56-64] $\frac{1}{4}$ Turn, $\frac{1}{2}$ Turn, Step Back Left, Bump Hip, Kick Right, Step-touch, $\frac{1}{4}$ Turn Step-Touch, Step Right, Kick Left

1, 2	1/4 Turn Left stepping forward on L (9:00), 1/2 Turn Left stepping back on R (3:00)
3 & 4	Small L step back, Bump R hip up, Drop R hip back down (weight still on L)
5 & 6	Kick R forward, Step R next to L, Touch L ball beside R foot
& 7	1/4 Turn Left stepping weight onto L (12:00), Touch R ball beside L foot
& 8	Step R next to L, Kick L forward

Choreographed by Country Dancing Em,this line dance premiered at YESSS 2023 in Scottsdale, AZ and was selected for first place in their Choreography competition. Thank you to Adia Dance and Country Nomads (AZ) for believing in my heart-work!

Last Update - 24 Jun. 2024 - R1