

Continental 2

拍数: 32 墙数: 2 级数:
编舞者: Unknown - August 2023
音乐: Last Night - Chris Anderson
或: Dumas Walker - The Kentucky Headhunters
或: Old Time Rock & Roll - Bob Seger & The Silver Bullet Band



Two Side Touches, Right And Left

1-2 Touch Right Ft Out To Right Side, Touch Right Ft Home
3-4 Touch Right Ft Out To Right Side, Step Right Ft Home
5-6 Touch Left Ft Out To Left, Touch Left Ft Home
6-8 Touch Left Ft Out To Left, Step Left Ft Home

Pivot Turn. Right And Left. Shuffle Right, Shuffle Left

1-2 Step Right Ft Forward, Turn Left %
3-4 Step Left Ft Forward, Turn Left %
5&6 Shuffle Right (R,L,R)
7&8 Shuffle Left (R,L,R)

Vine With A Turn, Rock Back, Kick Ball Change

1-2 Step Right Step, Step Left Behind Right
3-4 Step Right, Turning $\frac{1}{4}$ On 3, Step Left On 4
5-6 Rock Back On Right
7&8 Kick Ball Change (Kick Right, Step Left, Step Right)

Prissy Walk Four Counts, Turning Jazz Box

1-2 Step Right Diagonally over Left, Step Left Diagonally over Right
3-4 Step Right Diagonally over Left, Step Left Diagonally over Right
5-6 Cross Right over Left, Step Back on Left Turning a $\frac{1}{4}$ Quarter Right
7-8 Step Right To Right Side, Step Left Next To Right

START OVER
