

End of the Tunnel

拍数: 32 墙数: 4 级数: Beginner
编舞者: Mike Liadouze (FR) - August 2023
音乐: Light at the End of the Tunnel - Haley & Michaels



Introduction: 16 counts

[1-8] WALK, WALK, MAMBO FORWARD, BACK HITCH BACK, COASTER CROSS

1-2 Step RF forward, Step LF forward
3&4 Rock step RF forward, Recover on LF back , Step RF back
5&6 Step LF back, Hitch R knee, Step RF back
7&8 Step LF back, Step RF together, Cross LF over RF

Musical option : On walls 3, 6 and 9 add a little SCOOT with your HITCH

[9-16] SIDE ROCK, BEHIND ¼ STEP, STEP HITCH ½ BACK, COASTER STEP

1-2 Rock step RF side, Recover on LF side
3&4 Cross RF derrière LF, ¼ turn L... Step LF forward, Step RF forward (9:00)
5&6 Step LF forward, ½ turn L... Hitch R knee, Step RF back (3:00)
7&8 Step LF back, Step RF together, Step LF forward

Restart here on wall 3 (9:00)

Musical option : On walls 3, 6 and 9 add a little SCOOT with your HITCH

[17-24] (DIAGONAL STEP TOUCH x2, SHUFFLE) x2

1&2& Step RF diagonal forward, Touch R toe together, Step LF diagonal forward, Touch L toe together
3&4 Step RF diagonal forward, Step LF together, Step RF diagonal forward
5&6& Step LF diagonal forward, Touch L toe together, Step LF diagonal forward, Touch R toe together
7&8 Step LF diagonal forward, Step RF together, Step LF diagonal forward

[25-32] CROSS ROCK, FULL TURN CIRCLE (RUN RUN RUN, WALK, WALK, RUN RUN RUN)

1-2 Cross rock RF over LF
3&4 Start a full turn R... circle running R-L-R forward (7:30)
5-6 Walk L-R forward (10:30)
7&8 Run L-R-L forward finishing circle (3:00)

(NB : For the turn make ¼ turn R... on each steps)

TAG (2 counts) on wall 7 (starting 6:00) dance first 10 counts :

11-12 Rock step RF back, Recover on LF forward and restart (6:00)

HAVE FUN !!! ☐

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