

Balakutak

拍数: 68 墙数: 2 级数: Phrased Easy Intermediate
编舞者: Rita Subowo (INA), Lucy Sujahdi (INA), Arra (INA) & Jun Andrizal (INA) - August
2023
音乐: Kalem Aya Urang - Melly Goeslaw



Sequence : AAA BB AAA B

Part A

I. TOE STRUT FWD

1-2 Step R toe fwd , Heel drop on R
3-4 Step L toe fwd , Heel drop on L
5-6 Step R toe fwd , Heel drop on R
7-8 Step L toe fwd , Heel drop on L

II. STEP BACK , TOE SWITCHES

1234 Step back on R L R L
5-6 Touch R toe fwd , Step R beside L
7-8 Touch L toe fwd , Step L beside R

III. STEP DIAGONAL TOGETHER SIDE (R-L)

1-2 Step R diagonal fwd , Step L beside R
3-4 Step R diagonal fwd , Touch L beside R
5-6 Step L diagonal fwd , Step R beside L
7-8 Step L diagonal fwd , Touch R beside L

IV. JAZZ BOX 1/2 TURN RIGHT

1-2 Cross R over L , 1/4 Turn right step L back
3-4 Step R to side , Step L fwd
5-6 Cross R over L , 1/4 Turn right step L back
7-8 Step R to side , Step L beside R

V. STOMP IN PLACE (4X)

1234 STOMP R L R L

Part B (JAIPONG STYLE)

I. 1/2 TURN RIGHT WITH CIRCULAR SHUFFLE FWD

1&2 Step R fwd , Step L beside R , Step R fwd (4.30)
3&4 Step L fwd , Step R beside L , Step L fwd (7.30)
5&6 Step R fwd , Step L beside R , Step R fwd (10.30)
7&8 Step L fwd , Step R beside L , Step L fwd (12.00)

II. STEP TOGETHER SIDE WITH TOUCH (2x)

1234 Step R to side , Cross L over R , Step R to side , Touch diagonal L fwd
5678 Step L to side , Cross R over L , Step L to side , Touch R toe beside L

III. STEP DIAGONAL HEEL FWD , DIAGONAL SHUFFLE FWD (2X)

1-2 Touch R Heel diagonal fwd , Hitch on R
3&4 Step R diagonal fwd , Step L beside R , Step R fwd
5-6 Touch L Heel diagonal fwd , Hitch on L
7&8 Step L diagonal fwd , Step R beside L , Step L fwd

IV. ROCKING CHAIR , PIVOT 1/2 TURN LEFT (SLOW TURNING)

1234
5678

Rock fwd on R , Recover on L , Step R back , Recover on L
Step R fwd , Rotate 1/2 Turn left with 3 Count and Weight on L (6.00)
