

Rockin' My Life Away

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: High Beginner
编舞者: Sonja Hemmes (USA) - August 2023
音乐: Rockin' My Life Away - The Lennerockers



TOE STRUT JAZZ BOX

1-4 Touch right toe forward, drop heel, touch left toe back, drop heel
5-8 Touch right toe to the side, drop heel, touch left toe to the right, drop heel

LOCK STEP FORWARD TURNING 1/4 RIGHT

1-2 Step right forward, step left forward behind right
3-4 Step right forward turning ¼ right, scuff left forward
5-6 Step left forward, step right forward behind left
7-8 Step left forward, scuff right forward

COASTER FORWARD, COASTER BACK

1-4 Step right forward, step left forward next to right, step right back, hold
5-8 Step left back, step right back next to left, step left forward, hold

ROCK FORWARD TURNING 1/4 RIGHT, LEFT MAMBO

1-2 Rock right forward, step on left
3-4 Step right to right side turn ¼ right, touch left next to right
5-8 Step left to left side, step on right, step left next to right, hold

RIGHT TOGETHER FORWARD, LEFT TOUCHES, OUT, IN, OUT, IN

1-2 Step right to right side, step left next to right
3-4 Step right forward, hold
5-6 Touch left to left side, touch left next to right
7-8 Touch left to left side, touch left next to right

LEFT TOGETHER BACK, MONTEREY TURN 1/4 RIGHT

1-2 Step left to left side, step right next to left
3-4 Step left back, hold
5-6 Point right to right side, turn ¼ right stepping on right
7-8 Point left to left side, step on left
