

Last Night Lonely

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Absolute Beginner
编舞者: Sandie Witmer (USA) - July 2023
音乐: Last Night Lonely - Jon Pardi



Intro: 16 Counts

Section 1: Rocking Chair, Shuffle Forward Right and Left

1-2 Rock forward on right, recover backward on left
3-4 Rock backward on right, recover forward on left
5&6 Step right foot forward, step left foot midway next to right, step right foot forward
7&8 Step left foot forward, step right foot midway next to left, step left foot forward

Section 2: Heel Home Right and Left, Shuffle Backward Right and Left

1-2 Touch right heel forward, step right foot next to left (together)
3-4 Touch left heel forward, step left foot next to right (together)
5&6 Step right foot backward, step left foot midway next to right, step right foot backward
7&8 Step left foot backward, step right foot midway next to left, step left foot backward

Section 3: (Heel Forward, Stomp Together; Point to Side, Step Together) X 2 (Right and Left Foot)

1-2 Touch right heel forward, stomp right foot next to left
3-4 Point right toe to right side, step right foot next to left (together)
5-6 Touch left heel forward, stomp left foot next to right (together)
7-8 Point left toe to left side, step left foot next to right (together)

Section 4: Pivot ¼ Left Turn X 2, Cross Point Right & Left

1-2 Step forward on right, turn ¼ left on left foot (weight ends on left foot)
3-4 Step forward on right, turn ¼ left on left foot (weight ends on left foot)
5-6 Cross right foot over left, point left toe to left side
7-8 Cross left foot over right, point right toe to right side

End of Dance (EOD)

No tags, No restarts

Alternate Music:

“In My Life” by The Beatles (Pop)
“Gasolina” by Daddy Yankee (Reggaeton)
“Just My Imagination” by The Cranberries (90’s Alternative Rock)
“Rhythm of the Rain” by The Cascades (60’s Pop)
“Boogie Shoes” by KC & The Sunshine Band (DISCO 2004 Remix)
“Mellow Yellow” by Donovan (60’s Psychedelic Rock)
“I Just Need You” by Toby Mac (Spiritual)
“Silhouettes on the Shade” by Herman’s Hermits (60’s Pop)
“Wanna Be” by Spice Girls (90’s Pop)
“It’s Five O’clock Somewhere” by Alan Jackson and Jimmy Buffett (Country)
“Heartaches on Me” by The Chicks (Country)
“Texas Time” by Keith Urban (Country)
“Need You Now” by Lady A (Country)
“Uptown Funk” by Bruno Mars (Pop)