

Salsa & Ron

拍数: 32 墙数: 4 级数: Beginner
编舞者: Beatriz Gonzalez Paradell (UK) - August 2023
音乐: Ron (feat. Lérica) - Beret



Intro: 16 count intro

[1-8] SIDE, TOGETHER, SIDE TOGETHER FORWARD, ROCKING CHAIR, LOCK STEP

1 - 2 RF step right, LF step next RF
3&4 RF step right, LF step next RF, RF step forward
5&6& LF rock forward, recover on RF, LF rock backward, recover on RF
7&8 LF step forward, RF step behind LF, LF step forward

[9-16] STEP ¼ CROSS, SIDE ROCK, CROSS, CHUG ½ LEFT, TOGETHER

1&2 Step forward on right, ¼ pivot left, Cross right over left [3:00]
3&4 LF Rock left, Recover RF, Cross LF over RF
5 - 6 Press R to R side, turn ¼ L pressing R to R side,
7 - 8 turn ¼ L pressing R to R side, RF next to LF

***RESTART AT WALL 3 (09:00) AND WALL 6**

[17-24] FORWARD ROCK, SIDE ROCK, SAILOR STEP, ROCKING CHAIR, BEHIND SIDE CROSS

1&2& Rock forward on R, Recover onto L, Rock R to R side, Recover onto L
3&4 Cross R behind L, Step L to L side, Step R to R side
5&6& Rock forward on L, Recover onto R, Rock L to L side, Recover onto R
7&8 Cross L behind R, Step R to R side, Cross L over R

[25-32] RUMBA BOX, LOCK STEP, COASTER STEP

1&2 Step R to R side, step L next to R, step fwd R
3&4 Step L to L side, step R next to L, step back L
5&6 Step back R, lock step L over R, step back R
7&8 Step back on L, Step R next to L, Step forward on L

Enjoy!