Shen Shui Zha Dan (深水炸弹64步)



拍数: 64 墙数: 2 级数: High Beginner

编舞者: Molly Yeoh (MY) - August 2023

音乐: 深水炸弹64c (Please use this Edited Music Video for my fun

choreography.)Ticktok/ Viral



Intro: 32 counts

*It is labelled at high beginner level because of 64 steps, but majority make up of simple easy steps! No tag no restart!

Intended for new beginners to start off easily!

Section 1: TWIST FEET FWD, HIP BUMP RIGHT AND LEFT RECOVER

1234 Twist fwd both legs to R, L, R then L

5678 LF touch L hip bump recover, RF touch R hip bump recover

Section 2: WALK BACK LRLR, L HIP BUMP RECOVER, R HIP BUMP TOUCH

1234 Walk back LF RF LF RF,

5678 LF touch L hip bump recover, RF touch R hip bump touch next to LF

Section 3: SAILOR RIGHT 1/4 TURN, FWD, SIDE, SWAY RLRL

1 & 2 3 4 1/4 R turn, RF step back, LF step beside RF, RF step fwd, LF step fwd, RF step beside LF

5678 Sway RLRL (free hand styling)

Section 4: R ROCKING CHAIR, 2X 1/4 L PADDLE TURN

1234 RF fwd recover LF, RF rock back recover LF

5678 (RF fwd 1/4 L turn, recover LF) 2X

Section 5: R, L WEAVE WITH CHEST PUMP

RF step to R, LF step behind, RF step to R, LF touch beside RF 1234

5678 LF step to L, RF step behind, LF step to L, RF touch beside LF

Section 6 FWD, SIDE, BACK TOUCHES, SCUFF

1234 RF step fwd, LF touch beside RF, LF step back RF touch beside LF

RF step back, LF touch beside RF, LF step up, RF scuff fwd 5678

Section 7 FWD ROCK, ¼ R TURN CHASSE, ½ R TURN, L CHASSE, ROCK BACK RECOVER

1 2 3&4 RF rock fwd, 1/4 R turn recover LF, RF step to R, LF followed, RF step to R

5 6 7 8 8 ½ R turn, LF step to L, RF followed, LF step to L, RF rock back recover LF

Section 8 V SHAPE, JUMP AND CLAP, SWAY RLRL

1234 RF step diagonal R, LF diagonal L, RF step back, jump and closed in LF(clap same time)

5678 RF step to R, sway R L R L

Inspired by tiktok viral Hit song! TQVM and ENJOY!

Feel free with hand styling! 自由发挥!

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