

No Limits

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver - ECS
编舞者: Marian Collado (ES) - August 2023
音乐: No Limits - Royal Deluxe



Intro: 32 Counts

Restart: Wall 11 after 16 counts (9:00)

[1-8] CROSS SHUFFLE, ROCK SIDE, WEAVE, SHUFFLE WITH ¼ TURN R

1&2 RF cross over LF(1),LF step L side(&),RF cross over LF
3-4 LF rock L side(3), RF recover (4)
5&6 LF cross behind RF(5),RF step R side(&), LF cross over RF(6)
7&8 ¼ turn R and RF step fwd(7){3.00}, LF step fwd near RF(&),RF step fwd(8)

[9-16] SHUFFLE, ROCK,COASTER STEP,POINT L & R

1&2 LF step fwd(1),RF step fwd near LF(&), LF step fwd(2)
3-4 RF rock fwd(3),LF recover(4)
5&6 RF step back(5),LF step together RF(&)RF step fwd (6)
7&8 LF point L side(7),LF together RF (&),RF point R side(8)

Restart wall 11 after 16 counts (9:00)

[17-24] JAZZ BOX CROSS,CHASSÉ , CHASSÉ WITH ½ TURN L

1-2 RF cross over LF(1),LF step back(2)
3-4 RF step R side (3),LF cross over RF(4)
5&6 RF step R side(5),LF step together RF(&),RF step R side(6)
7&8 ½ turn L and LF step L side(7){9.00},RF step together LF(&),LF step L side (8)

[25-32] ROCK BACK, KICK BALL STEP X 2, ½ PIVOT TURN

1-2 RF rock back(1), LF recover (2)
3&4 RF kick fwd(3),RF ball together LF(&), LF step fwd(4)
5&6 RF kick fwd(5),RF ball together LF(&), LF step fwd(6)
7-8 RF step fwd(7), ½ turn L side (8){3:00}