

# My Guitar and Me

**COPPERKNOB**  
BY STEPHEN

拍数: 32      墙数: 2      级数: Improver  
编舞者: Sadiah Heggernes (NOR/UK) - August 2023  
音乐: Me and My Guitar - Jax Jones & Fireboy DML



**NO TAGS OR RESTARTS!**

**32 count intro – start on vocals**

## **Section 1 SIDE, CROSS, SIDE, KICK, SIDE, MODIFIED JAZZBOX ¼ TURN R**

1-2            Step R to R side. Cross L over R  
3-4            Step down on R. Kick L to L diagonal  
5-6            Step down on L. Cross R over L.  
7-8            ¼ turn R. Step back on L. Step R to R side 3.00

## **Section 2 CROSS. SIDE ROCK, CROSS, MONTEREY ¼ TURN L, FLICK**

1-2            Cross L over R. Rock R to R side  
3-4            Recover onto L. Cross R over L  
5-6            Touch L to L side. ¼ turn L on ball of R. Step L beside R 12.00  
7-8            Touch R to R side. Flick R behind L

## **Section3 SIDE CROSS, SIDE, ½ HINGE TURN L, R CROSS ROCK ¼ TURN R STEP FORWARD, HOLD & CLAP**

1-2            Step R to R side. Cross L over R.  
3-4            Step R to R side. ½ hinge turn L on ball of R. Step L to L side. 6.00  
5-6            Cross rock R over L. Recover onto L  
7-8            ¼ turn R Step forward on R. Hold & Clap 9.00

## **Section 4 L CROSS ROCK ¼ TURN L, ROCKING CHAIR**

1-2            Cross rock L over R. Recover onto R  
3-4            ¼ turn L. Step forward on L. Hold & Clap 6.00  
5-6            Rock forward on R. Recover onto L  
7-8            Rock back on R. Recover onto L

**Many thanks to Janice Crichton & Christine Johnson from my Wednesday class who told me about this track**

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