Start This Day

级数: Beginner

编舞者: Georgie Mygrant (USA) - August 2023

音乐: Some Broken Hearts Never Mend - Heidi Hauge

Intro: 16 Counts! *Tag at end of wall 3 for 4 counts

Charleston Step 2x

- 1-4 Touch R fwd. Step back to L, Touch L back, Step to R
- 5-8 Touch R fwd. Step back to L, Touch L back, Step to R

Jazz Box ¼ R, Jazz Box L

- 1-4 Step R over L, Step back on L turning ¼ R, Step on R, Touch L to R
- 5-8 Step L over R, Step back on R, Step on L, Touch R to L

Vine R, ¼ Turn R, Walk Back

- 1-4 Step R to R side, L behind R turning ¼ R, Step on R, Step on L
- 5-8 Walk back, R/L/R/L

Rock R Side turning ¼ R, Rock L side

- 1-4 Rock R to R side, Return to L turning ¼ R, Step on R, Touch L to R
- 5-8 Rock L to L side, Return to R, Step on L, Touch R to L
- *Tag, at end of wall 3, Sway Hips 2x's R, 2x's L, or singles R/L/R/L (your choice)

That's it! Love this song, so here is what I made to it. I hope you like it. Easy enough for a beginners class or for a warm-up. If you have any problems with it, just contact me and I will help you if I can. Please do not alter routine without my permission. Thank you. mygeo@adamswells.com or mygrantg@gmail.com





拍数: 32

墙数:4