

Loving You 7

拍数: 64 墙数: 0 级数: Phrased Improver
编舞者: Natassha Murty (MY) & Shirley Bang (MY) - August 2023
音乐: Seven (Island Mix) - Jung Kook (정국) & Latto



Section A: 32 Counts

#1 (1-8) R Side, L Sailor Heel, L Ball, R Cross, L Side, R Close, L Forward Shuffle

- 1-2-& Weight on LF- Step RF to R Side (1), Cross LF behind RF (2), Step RF to R Side (&) – (12:00)
3-&-4 Touch L Heel forward to L diagonal (3), Step LF in Place (&) Cross RF over LF (4) – (12:00)
5-6 Step LF to L Side (5), Step RF beside L (6) – (12:00)
7-&-8 Step LF Forward (7), Step RF behind L (&), Step LF Forward (8) – (12:00)

#2 (9-16) R Forward, Quarter L turn, Kick Ball Forward, R Forward Shuffle, L Slide

- 1-2 Step RF Forward (1), Quarter L Turn (2) – (9:00)
3-&-4 Kick RF Forward (3), Step RF behind L (&), Step LF Forward (4) – (9:00)
5&6 Step RF Forward (5), Step LF behind R (&), Step RF Forward (6) – (9:00)
7-8 Step LF to L (7), Drag RF beside L (8) – (9:00)

#3 (17-24) 1/8 Turn Hip Roll – 2x, R Back Sailor, L Back Sailor

- 1-2 Step RF to R turning 1/8 with hips rolling anti clockwise (1), Step LF in Place (2) - (7:30)
3-4 Step RF to R turning 1/8 with hips rolling anti clockwise (3), Step LF in Place (4) – (6:00)
5-&-6 Cross RF Behind L (5), Step LF in Place (&), Step RF to R (6) – (6:00)
7-&-8 Cross LF Behind R (7), Step RF in Place (&), Step LF to L (8) – (6:00)

#4 (25-32) R Kick Ball Point, L Kick Ball Point, R Diagonal Step Lock Step, L Diagonal Step Lock Step

- 1-&-2 Kick RF forward (1), Step RF in place (&), Point LF to L (2) – (6:00)
3-&-4 Kick LF forward (3), Step LF in place (&), Point RF to R (4) – (6:00)
5-&-6 Step RF diagonal Forward (5), Step LF behind R (&), Step RF diagonal Forward (6) – (6:00)
7-&-8 Step LF diagonal Forward (7), Step RF behind L (&), Step LF diagonal Forward (8) – (6:00)

Section B: 32 Counts (optional hand movement)

#1 (1-8) Step Out-Out-In-In, Point RF Back-Forward-Back-Together

- 1-2 Step RF diagonal forward with RH showing No. 1(index finger) near R ear (1), Step LF diagonal forward with RH showing No.2 (index n middle finger) over lips (2) – (12:00)

Optional hand movement: RH out, LH out

- 3-4 Step RF behind with hand RH rolling inwards under LH into No.3 (thumb, index n middle finger) LH place below R elbow over R cheek (3), Step LF behind-Drop LH down while RH brushes over left shoulder going down in a circular motion all the way up to R (4) – (12:00)

Optional hand movement: RH on waist, LH on waist

- 5-6 Point RF behind (5), Point RF Forward (6) – with hands strumming guitar motion – (12:00)
7-8 Point RF behind (7), Point RF together LF (8) - hands strumming guitar motion – (12:00)

#2 (9-16) Step Out-Out-In-In, Point RF Back-Forward-Back-Together

- 1-2 Step RF diagonal forward with RH showing No. 1(index finger) near R ear (1), Step LF diagonal forward with RH showing No.2 (index n middle finger) over lips (2) – (12:00)

Optional hand movement: RH out, LH out

- 3-4 Step RF behind with hand RH rolling inwards under LH into No.3 (thumb, index n middle finger) LH place below R elbow over R cheek (3), Step LF behind-Drop LH down while RH brushes over left shoulder going down in a circular motion all the way up to R (4) – (12:00)

Optional hand movement: RH on waist, LH on waist

- 5-6 Point RF behind (5), Point RF Forward (6) – with hands strumming guitar motion – (12:00)
7-8 Point RF behind (7), Point RF together LF (8) - hands strumming guitar motion – (12:00)

#3 (17-24) Sway R-L-R, Hitch L

- 1-2 Sway body to R (1), Sway body to L (2) – (12:00)
3-&-4 Sway body to R (3), Hitch LF with LH pointing up into a fist & RH tapping on LH wrist to indicate time (&4) – (12:00)
5-6 Sway body to L (5), Sway body to R (6) – (12:00)
7-&-8 Sway body to L (7), Hitch RF with both hands up gun motion (fingers close-open-close) (&8) – (12:00)

#4 (25-32) R Diagonal Drag, L Diagonal Drag, Look Back, Look Forward

- 1-2 Step RF Diagonal Forward (1), Drag LF behind RF (2) – (12:00)
3-4 Step LF Diagonal Forward (3), Drag RF behind LF (4) – (12:00)
5-6 Turn body towards the back (5), Hold (6) – (12:00)
7-8 Turn body back to the front with RH in motion of no.7 over head (7), RH hand land for pose (8) – (12:00)

Optional: ending change pose from 7 to heart pose.

Tag (4 Counts)

- 1-4 Hold for 4 Counts – hand change from holding 7 pose to heart pose.

Thank You ☐
