

Light Them Up

COPPER **KNOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Astrid Sjöström (SWE) - July 2023
音乐: Light Them Up - Hawklord and the Comets
或: Sommarnatt - Snowstorm



Alternative music: Sommarnatt – Snowstorm

Intro: 32

SEC.1 R, L TOE STRUT – ROCKING CHAIR

1 – 2 Step R toe fwd (1) drop R heel (2)
3 – 4 Step L toe fwd (3) drop L heel (4)
5 – 6 Rock R fwd (5) recover L (6)
7 – 8 Rock R back (7) recover L (8)

SEC.2 R, L TOE STRUT – ROCKING CHAIR

1 – 2 Step R toe fwd (1) drop R heel (2)
3 – 4 Step L toe fwd (3) drop L heel (4)
5 – 6 Rock R fwd (5) recover L (6)
7 – 8 Rock R back (7) recover L (8)

SEC.3 R STOMP – HEELS BOUNCE 1/8 TURN L X 2– WALK R, L –1/4 STEP TURN L

1 – 4 Stomp R fwd (1) Turn 1/8 Bounce both heels Rise (2)
3 – 4 Turn 1/8 Bounce both heels Rise (3) placing weight on L (4) Facing (9:00)
5 – 6 Walk R fwd (5) Walk L fwd (6)
7 – 8 Step R fwd (7) turn ¼ L (8) weight ends on L Facing (6:00)

SEC.4 DIAGONAL R STEP FWD – L TOUCH – DIAGONAL L STEP FWD – R TOUCH – R STOMP – HEELS BOUNCE 1/8 TURN L X 2

1 – 2 Step R fwd diagonal (1) touch L toe beside R (2)
3 – 4 Step L fwd diagonal (3) touch R toe beside L (4)
5 – 6 Stomp fwd R (5) Turn 1/8 Bounce both heels Rise (6)
7 – 8 Turn 1/8 Bounce both heels Rise (7) placing weight on L (8) Facing (3:00)

Start over again!

Don't forget to like and subscribe
Have fun & happy dancing, hugs from Sweden:)

Contact: astrid56@live.se