

# Still Unhealthy

拍数: 32      墙数: 4      级数: High Beginner  
编舞者: Steffie ROBERT (FR) & Jonathan YANG (FR) - July 2023  
音乐: UNHEALTHY (feat. Shania Twain) - Anne-Marie



Introduction : 32 counts

**[1-8] : HEEL TWIST, ROCK BACK, TRIPLE FORWARD, STEP 1/4 TURN**

1&2      Touch R foot forward, Twist R Heel OUT, Twist R Heel IN  
3.4      Rock R foot back, recover on L foot forward  
5&6      Triple step forward : R-L-R  
7.8      Step L foot forward, 1/4 turn right ending weight on R foot to R side – 03 :00 –

**[9-16] : CROSS, SIDE, CROSS, SYNCOPATED OUT-OUT, 2 STEPS BACK, ROCK BACK**

1.2.3      Cross L foot over R foot, Step R foot to R side, Cross L foot over R foot – 04 :30 –  
&4      Step R heel forward on R diagonal “OUT”, Step L heel forward on L diagonal “OUT” – 04 :30  
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5.6      Step R foot back, Step L foot back– 04 :30 –  
7.8      1/8 turn R rocking R foot back, recover on L foot forward– 06:00 –

**[17-24] : DOROTHY STEP R&L, HEEL SWITCHES, HEEL, HOOK, HEEL, FLICK**

1.2&      Step R foot forward on R diagonal, Step L foot behind R foot, Step R foot next to L foot  
3.4&      Step L foot forward on L diagonal, Step R foot behind L foot, Step L foot next to R foot  
5&      Touch R heel forward, step R foot next to L foot  
6&      Touch L heel forward, step L foot next to R foot  
7&      Touch R heel forward, Hook R over L foot  
8&      Touch R heel forward, Flick R foot back

**[25-32] : STOMP, HOLD, 1/4 TURN SIDE TRIPLE, STOMP, HOLD, 1/4 TURN SIDE TRIPLE**

1.2      Stomp R foot to R side, Hold  
3&4      1/4 turn L with Side Triple to L side : L-R-L – 03 :00 –  
5.6      1/4 turn L stomping R foot to R side, Hold – 12 :00 –  
7&8      1/4 turn L with Side Triple to L side : L-R-L – 09 :00 –

Dance co-written with Steffie ROBERT, and especially taught during festival “Country En Retz”, to Saint-Viaud, Pays de la Loire – 44, France

Bonne danse !