

Body Count

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Diba Munaf (INA) - July 2023
音乐: Body Count - Jason Derulo



Intro : 16 count

[1-8] SIDE, BACK ROCK, KICK BALL CROSS, SIDE ROCK, BEHIND, 1/4 L FWD, FWD

123 Step LF to L, Rock RF back, Recover onto LF
4&5 Kick RF fwd, Step R ball next to LF, Cross LF over RF
67 Rock RF to R, Recover onto LF
8&1 Cross RF behind LF, Turn 1/4 L stepping LF fwd, Step RF fwd (9.00)

[9-16] PIVOT 1/2 R, LOCK SHUFFLE, HOLD, SYNCOPATED 3 CHA CHAS

23 Step LF fwd, Turn 1/2 R weight on RF (3.00)
4&56 Step LF fwd, Lock RF behind LF, Step LF fwd, hold
&7&8&1 Lock RF behind LF, Step LF fwd, Lock RF behind LF, Step LF fwd,
Lock RF behind LF, Step LF fwd

[17-24] FWD ROCK, COASTER STEP, PIVOT 1/4 R, CUBAN BREAK

23 Rock RF fwd, Recover onto LF,
4&5 Step RF back, Close LF next to RF, Step RF fwd
67 Step LF fwd, Turn 1/4 R weight on RF (6.00)
8&1 Cross Rock L Ball over RF, Recover onto RF, Step LF to L

[25-32] CUBAN BREAK, FWD LOCK SHUFFLE, PIVOT 1/2 L, 1/4 L SIDE

2&3 Cross Rock R Ball over LF, Recover onto LF, Step RF to R
4&5 Step LF fwd, Lock RF behind LF, Step LF fwd
678 Step RF fwd, Turn 1/2 L weight on LF (12.00), Turn 1/4 L Stepping RF to R (9.00)

Restart : on wall 4 & 9 dance 16 count and restart from beginning

Dance with style!

Contact : dibamunaf@gmail.com