

Wellerman's Jig

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 2 级数: Beginner
编舞者: Marlene Elliott (CAN) - July 2023
音乐: Wellerman (Sea Shanty) - Nathan Evans
或: Rolling in the Deep - Adele



Alternate Music: Rolling in the Deep by Adele

This dance can also be done in contra.

SIDE ROCK STEP RIGHT & LEFT X4

1,2& Step RF to right side, rock back on LF & recover on RF
3,4& Step LF to Left side, rock back on RF & Recover on LF
5,6& Repeat (1,2&)
7,8& Repeat (3,4&)

SHUFFLE FORWARD RIGHT, SHUFFLE FORWARD LEFT, SHUFFLE FORWARD RIGHT, STEP ½ TURN RIGHT

1&2 Step R forward, step L behind R, step forward on R
3&4 Step L forward, step R behind L, step forward L
5&6 Repeat (1&2)
7-8 Step forward d on L, turn ½ R

FORWARD ROCK L, L COASTER STEP, FORWARD ROCK R, R COASTER STEP

1-2 Rock L forward & recover on R
3&4 Step back on L, Bring R next to L, step forward on L
5-6 Rock R forward & recover on L
7&8 Step back on R, (&)Bring L next to R, Step forward on R

HALF TURN RIGHT, HALF TURN RIGHT, ROCK RECOVER, COASTER STEP

1-2 Step forward on L and turn ½ Right
3-4 Step forward on L and turn ½ Right
5-6 Rock forward on L, recover on Right
7&8 Step back on L, (&)bring R next to L, step forward on L

Start Over

No Tags, No Restarts

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