

Easy Going

拍数: 48 墙数: 4 级数: Improver
编舞者: Cathy Snow (USA) - July 2023
音乐: Easy Going - Carly Pearce



Intro: 32 count

[1-8] WALK, WALK, TAP, STEP, TRIPLE STEP (L, R, L) while making ½ TURN L, KICK-BALL CHANGE

1-2 Walk forward R, L,
3-4 Tap R toe behind L foot, Step back onto R
5&6 Triple step (L, R, L) while making ½ turn L
7&8 Kick R forward, step quickly onto ball of foot, Change weight to L foot

[9-16] WALK, WALK, TAP, STEP, TRIPLE STEP(L, R, L) while making 1/2 TURN L, KICK-BALL CHANGE

1-2 Walk forward R, L,
3-4 Tap R toe behind L foot, Step back onto R
5&6 Triple step (L, R, L) while making ½ turn L
7&8 Kick R forward, step quickly onto ball of foot, Change weight to L foot

[17-24] WEAWE R w/ CROSS, LINDY R

1-2 Step R to R side, Cross L behind R
3-4 Step R to R side, Cross L over R
5&6 Step R to R side, Step L next to R, Step R to R side
7-8 Step L behind R, Recover weight on R (12:00 wall)

[25-32] WEAWE L w/ CROSS, LINDY L

1-2 Step L to L side, Cross R behind L
3-4 Step L to L side, Cross R over L
5&6 Step L to L side, Step R next to L, Step L to L side
7-8 Step R behind L, Recover weight on L

[33-40] K-STEP

1-2 Step R forward to R diagonal, Touch L together
3-4 Step back L to L diagonal. Touch R together.
5-6 Step R back to R diagonal, Touch L next to R
7-8 Step L forward, Touch R next to L (weight on L)

[41-48] TOE STRUTS, ⅛ HIP ROLL x2

1-2 Touch R toe forward, Drop R heel taking weight
3-4 Touch L toe forward, Drop L heel taking weight
5-6 Touch R toe to R side making ⅛ turn on L
7-8 Touch R toe forward while making 1//8 on L

*****RESTART first time only 6:00 Wall-dance first 16 steps then restart dance**

Last Update: 16 Aug 2023