

Samba One

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Shanthie De Mel (AUS) - July 2023
音乐: Brown Eyed Girl - The Cheap Seats



BEGIN: After instrumental Introduction, start at the vocals- "Hey where"

(1-8) TRAVELLING SAMBA LOCKS x4.

1 a 2 Step R diagonally forward. Step L on ball behind R. Step R forward.
3 a 4 Step L diagonally forward. Step R on ball behind L. Step L forward.
5 a 6 Step R diagonally forward. Step L on ball behind R. Step R forward
7 a 8 Step L diagonally forward. Step R on ball behind L. Step L forward. (12:00)

(9-16) SAMBA WHISKS x4.

1 a 2 Step R to right side. Cross L on ball behind R. Step R in place.
3 a 4 Step L to left side. Cross R on ball behind L. Step L in place.
5 a 6 Step R to right side. Cross L on ball behind R. Step R in place.
7 a 8 Step L to left side. Cross R on ball behind L. Step L in place.
& Step on R in place. (12:00)

(17-20) TRAVELLING VOLTAS TO RIGHT WITH RONDE.

1 a Cross L over R moving to right. Step on ball of R behind L.
2 a Cross L over R moving to right. Step on ball of R behind L.
3 a Cross L over R moving to right. Step on ball of R behind L.
4 Cross L over R moving to right.
& Bring out R from behind L & sweep over in front of L. (12:00)

(21-24) TRAVELLING VOLTAS TO LEFT WITH RIGHT 1/4 TURN RONDE.

5 a Cross R over L moving to left. Step on ball of L behind R.
6 a Cross R over L moving to left. Step on ball of L behind R.
7 a Cross R over L moving to left. Step on ball of L behind R.
8 Cross R over L moving to left.
& Bring out L from behind R & sweep over in front of R turning 1/4/ right. (3:00)

(25-28) TRAVELLING VOLTAS TO RIGHT WITH RONDE.

1 a Cross L over R moving to right. Step on ball of R behind L.
2 a Cross L over R moving to right. Step on ball of R behind L.
3 a Cross L over R moving to right. Step on ball of R behind L.
4 Cross L over R moving to right.
& Bring out R from behind L & sweep over in front of L. (3:00)

(29-32) TRAVELLING VOLTAS TO LEFT.

5 a Cross R over L moving to left. Step on ball of L behind R.
6 a Cross R over L moving to left. Step on ball of L behind R.
7 a Cross R over L moving to left. Step on ball of L behind R.
8 Cross R over L moving to left. (3:00)

(33-40) STATIONARY SAMBA WALKS x4.

1 a 2 Sweeping L out to left side rock L forward. Recover R on ball. Step L together.
3 a 4 Rock R forward. Recover L on ball. Step R together.
5 a 6 Rock L forward. Recover R on ball. Step L together.
7 a 8 Rock R forward. Recover L on ball. Step R together. (3:00)

(41-48) RIGHT 1/4 TURN. BOTAFOGO. STOMP. HOLD.

- 1, 2 Turning 1/4 right step L to left side. Step R together. (6:00)
- 3 a 4 Cross rock L across R. Recover R. Step L together.
- 5 a 6 Cross rock R across L. Recover L. Step R together.
- 7, 8 Stomp L to left side. Hold. (6:00)

Last Update - 31 July 2023 - R1
