Buckle Bunny

拍数: 64

级数: Phrased High Improver

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Intro: 16 counts (approx. 6 seconds)

Sequence: A, A, B, B, B (16counts), A, A, A, B, B, B (16 counts), A, B, B

Notes: Two restarts occur after the first 16 counts in Part B of the third repetition, restart with Part A (lyrics begin again)

Part A (32 counts)

[1-8]: Rocking toe touches, scuff, hip bumps x2

- 1, 2 Rock forward L, touch R toe L
- 3, 4 Rock back R, touch L toe R
- 5, 6& Step forward L, scuff R forward, set toes to floor, keeping weight in L foot
- 7&8& R Hip bumps up down up down for 7 and 8 and

[9-16]: Step, lock, shuffle forward, rock recover, touch unwind

- 1, 2 Step R forward, lock L behind R
- 3&4 Shuffle forward R, L, R
- 5, 6 Rock L forward, recover R
- 7,8 Touch L toe back, unwind 1/2 turn keep weight on R

[17-24]: Walk, walk, three heel pivots making 1/2 turn, kick, rock recover

- 1, 2 walk L, R
- 3, 4, 5, 6 Twist both heels R, L, R, (or R, R, R) while making a ½ turn counterclockwise (over left shoulder), kick forward L foot on 6 (facing 12 o'clock)
- 7, 8 Rock back L, recover R

[25-32]: Pussycat walks, pivot turns

- 1, 2 Step L forward crossing R on 1, hold 2 (styling option: full turn clockwise for 2 counts on L foot, recover with R step forward on 3)
- 3, 4 Step R forward crossing L on 3, hold 4
- 5, 6 Step forward L ¼ pivot turn recovering R (facing 3 o'clock)
- 7, 8 Step forward L ¼ pivot turn recovering R (facing 6 o'clock)

Part B (32 counts)

[1-8]: Mambo front, Mambo side, pivot turns

- 1& 2 Rock forward L, recover R, step L next to R
- 3&4 Rock Side R, recover L, step R next to L
- 5, 6 Step forward L, pivot ¹/₂ turn, recover R
- 7, 8 Step forward L, pivot ½ turn, recover R

[9-16]: Step L, hip circles, step together, side together x2

- 1, 2 Step L to the L with single or double hip circle or shake
- 3, 4 Step R to L with single or double hip circle or shake
- 5, 6 Step R foot out to the right on 5, shifting weight from L to R (optional body roll)
- &7, 8 Step L to R (&), step R foot out to R (7) shifting weight from L to R (optional body roll) keep weight in R touch L to R (8)





墙数:2

[17-24]: Step out L, syncopated sailor step, step behind, pivot turns

- 1, 2 Step L out to L, cross R behind L
- 3&4 Step L out to L, step R, cross L behind R
- 5, 6, 7, 8 Step R to R with ¼ turn clockwise, step forward L, pivot ½ turn recover R, step forward L with pivot ¼ turn clockwise

[25-32]: Rock steps with toe touches, hook, 1/2 turn

- 1, 2 Rock back R, touch L toe R
- 3, 4 Rock forward L, touch R toe L
- 5, 6 Rock back R, heel hook L
- 7, 8 Step forward L, pivot 1/2 turn recover R

Last Update: 5 Sep 2023