

Side Effects

拍数: 32 墙数: 4 级数: Easy Intermediate
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音乐: Side Effects - Becky Hill & Lewis Thompson



Intro: 16 Counts

R Side, Point Across, Side, Point Behind, Kick-Ball-Cross, ¼ R, ½ R

1-2 Step R to R Side, Point L Across R
3-4 Step L to L Side, Point R Behind L
5&6 Kick R Fwd to R Diagonal, Step on Ball of L Next to R, Cross L Over R
7-8 ¼ Turn R Step Fwd on R, ½ Turn R Step Back on L (9:00)

Back, Point Fwd, Press, Hitch, L Shuffle Fwd, Full Turn L

1-2 Step Back on R, Point L Fwd with Bended Knee (Angle Body R)
3-4 Press/Rock L Fwd (Lean Fwd), Recover on R Hitching L (option: Scoot Fwd on R)
5&6 Shuffle Fwd Stepping L-R-L
7-8 ½ Turn L Step Back on R, ½ Turn L Step Fwd on L (9:00)

Fwd, Touch, Hold, & Touch, & ¼ R Point, & Point, ¼ R Hook, Walk R-L

&1-2 Step Fwd on R, Touch L Next to R, Hold
&3 Step L Slightly to L Back Diagonal, Touch R Next to L
&4 ¼ Turn R Step R to R Side, Point L to L Side (12:00)
&5-6 Step L Next to R, Point R to R Side, ¼ Turn R Hook R Across L (3:00)
7-8 Walk Fwd R, Walk Fwd L

Out-Out, Step Back, Swivel Steps Back, Sailor ¼ L, Step Pivot ¾ Turn L

&1-2 Step Fwd and Out on R, Step Fwd and Out on L, Step Back on R
3-4 Step Back on L Turning R Toe Out, Step Back on R Turning L Toe Out
5&6 Step L Behind R ¼ Turn L, Step R Next to L, Step Fwd on L (12:00)
7-8 Step Fwd on R, Pivot ¾ Turn L (3:00)

Tag: After wall 4 (12:00)

1-2 Press R to R Side (R Shoulder Up), Recover on L (L Shoulder Up)
3-4 Drag R Towards L, Touch R Next to L