

# Ring My Bell

COPPER KNOB  
BY SHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Lynn Funk (USA) - July 2023  
音乐: Ring My Bell - Anita Ward



Dance starts on Vocals 32 counts from beginning of music. No Tags, No Restarts.

Other Music: Ring My Bells - Enrique Iglesias - Dance starts about 64 counts from beginning of music on words "Sometimes you. . ."

## Side Rock/Recover/Step Forward RF then LF, Repeat

1&2, 3&4      Rock RF to Right, Recover on LF, Step RF Forward, Rock LF to Left, Recover on RF, Step LF Forward  
5&6, 7&8      Repeat 1&2, 3&4 above

## Rock/Recover Shuffle Back, Rock/Recover Shuffle Forward

1-2, 3&4      Rock RF Forward, Recover on LF, Shuffle Back (RLR)  
5-6, 7&8      Rock LF Back, Recover on RF, Shuffle Forward (LRL)

## Pivot 1/4 Left, Weave to Right, Rock/Recover

1-4      Step RF Forward, Pivot 1/4 Left Recover on LF, Cross RF over LF, Step LF to Left (9:00)  
5-8      Cross RF Behind LF, Step LF to Left, Cross Rock RF Over LF, Recover on LF

## Rocking Side to Side (Sort of Hip and Hip Movement), Rock/Recover on Right then Left

1&2, 3-4      Rock on RF to Right, Recover with a Rock to LF, Rock Again on RF, Rock Back on LF and Recover on RF  
5&6, 7-8      Rock on LF to Left, Recover with a Rock to RF, Rock Again on LF, Rock Back on RF and Recover on LF

End of Dance - Repeat

Contact: Lynn Funk - [slfaz441@gmail.com](mailto:slfaz441@gmail.com)  
updated - September 2023

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