

Move Ya Body

COPPER KNOB
STEPSHETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Amy Christian (USA) - July 2023
音乐: Move Ya Body - Nina Sky



Intro: 32 count.

1/8 TURN WITH HIP ROLLS X 4,

- 1-4 1/8 Turn left stepping R diagonally forward, Recover on L, 1/8 Turn left on R diagonally forward, Recover on L, [9:00]
5-8 1/8 Turn left stepping R diagonally forward, Recover on L, 1/8 Turn left on R diagonally forward, Recover on L, [6:00]

BACK, TOUCH (CLAP) X 4,

- 1-2 Step R diagonally back, Touch L next to R (Clap),
3-4 Step L diagonally back, Touch R next to L (Clap),
5-6 Step R diagonally back, Touch L next to R (Clap),
6-8 Step L diagonally back, Touch R next to L (Clap),

RIGHT VINE WITH HITCH, BUMPS X 4,

- 1-4 Step R to side, Step L behind R, Step R to side, Hitch L,
5-8 Step L out to left side as you Bump left, Bump R, Bump L, Bump R,

LEFT VINE WITH HITCH, ROCKING CHAIR,

- 1-4 Step L to left side, Step R behind L, Step L to left side, Hitch R,
5-8 Rock forward on R, Recover back on L, Rock back on R, Recover on L,

Start over!

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