

# Life of a Man (남자의 인생)

COPPER KNOB  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Janice Kim (KOR), NaJung Kim (KOR) & Sunny Son (KOR) - July 2023  
音乐: Life of a Man (남자의 인생) (Remix Version) - Kim Gun Mo (김건모)



## No Tag No Restart

### #1 Kick & Point (R-L), Cross Shuffle, 1/2L Run-Run-Run

1&2      Kick RF forward, step RF next to LF, point LF to left side  
3&4      Kick LF forward, step LF next to RF, point RF to right side  
5&6      Cross RF over LF, step LF next to RF, cross RF over LF  
7&8      Turn 1/2 left stepping RF,LF, RF (6:00)

### #2 Fwd Rock, Recover, 1/4R Sailor, Fwd, 1/2R Heel Twist (R-L), Back Rock, Recover

1 2      Rock RF forward, recover on LF  
3&4      Turn 1/4 right stepping RF behind LF, step LF next to RF, step RF to right side(9:00)  
5&6      Step LF forward, twist RF heel turning 1/4 right, twist LF heel turning 1/4 right(3:00)  
7 8      Rock RF back, recover on RF

### #3 Walk(R-L-R-L), Heel&Heel&Heel, Hook

1 2 3 4      Step RF forward, step LF forward, step RF forward, step LF forward  
5&6&      Touch RF heel forward, step RF next to LF, touch LF heel forward, step LF next to RF  
7 8      Touch RF heel forward, hook RF in front of LF

### #4 1/4R Heel Grind, Coaster, 1/4L Heel Grind, Coaster

1 2      Step RF forward & grind RF heel turning 1/4 right(6:00), step LF back  
3&4      Step RF back, step LF next to RF, step RF forward  
5 6      Step LF forward & grind LF heel turning 1/4 left(3:00), step RF back  
7&8      Step LF back, step RF next to LF, step LF forward

\*\*\*This choreography is made for having hardworked retired gentlemen in LDQK. We hope they enjoy Linedance forever!!

Janice6205@empas.com

seattle99@naver.com

tampu@naver.com

Last Update: 25 Jul 2023