

In the Mood for Dancing

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Elisabeth HS (INA) - July 2023
音乐: I'm In the Mood for Dancing - The Nolans



Restart on wall 4 after 12c

Section 1 : SHUFFLE DIAGONAL RIGHT, SHUFFLE DIAGONAL LEFT, BACK DIAGONAL RIGHT, BACK DIAGONAL LEFT

1&2 step rf diagonal right, lf next to rf, step rf diagonal right

3&4 step lf diagonal left, rf next to lf, step lf diagonal left

****using hands rolling to right and to left**

5 - 6 step rf back diagonal right, touch lf next to rf

7 - 8 step lf back diagonal left, touch rf next to lf

Section 2 : MONTEREY 1/4 TO RIGHT, V STEP

1 - 2 touch rf to right, close rf next to lf while turning 1/4 to right (3 o' clock)

3 - 4 touch lf to left, step lf next rf

5 - 6 step rf diagonal right, step lf diagonal left

7 - 8 step in rf , step lf next to rf

Section 3 : LONG STEP RF TO RIGHT, TOUCH, LONG STEP LF TO LEFT, TOUCH

1 - 2 rf long step to right, lf touch next to rf

3 - 4 lf touch to left, lf touch next to rf

5 - 6 lf long step to left, rf touch next to lf

7 - 8 touch rf to right, touch rf next to lf

Section 4 : PIVOT 1/2 TO LEFT, STEP, KICK, STEP, TOUCH BACK, HIP BUMP TO RIGHT, HIP BUMP TO LEFT

1 - 2 rf step forward, turn 1/2 to left, weight on lf

3 - 4 step rf forward, lf kick forward

5 - 6 step back lf, touch rf back

7 - 8 hip bump to right, hip bump to left

Happy dance all□□