

Salt

拍数: 32 墙数: 4 级数: Improver
编舞者: BGC (INA) - July 2023
音乐: Salt - Ava Max



Tag: end of wall 9

S1. CROSS ROCK – CHASSE R – STEP TURN ¼ R- TURN ½ R, WALK L,R

1-2 Cross Rf over Lf(1), Recover on Lf(2)
3-&4 Step Rf to side(3), close Lf next to Rf(&), step Rf to side(4)
5-6 Step Lf Turn ¼ to R (3:00) 5), turn ½ to R(09:00)(6)
7-8 Walk fwd L(7), R(8)

S2. SYNCOPATED SIDE ROCK – JAZZ BOX ¼ TURN R

1-2& Rock L to L side (1) Recover on Rf(2) Step L beside R(&)
3-4 Step R to R side(3), recover on Lf(4)
5-6 Rf cross over Lf(5), Lf back step (6)
7-8 Rf ¼ turn R side step(7), Lf touch side Rf(8)

S3. SYNCOPATIC SIDE ROCK – BOTAFOGO R,L

1-2& Rock L to L side(1), Recover on Rf(2), step L beside R(&)
3-4 Step R to R side(3), recover on Lf(4)
5-&6 Rf cross over Lf(5), Lf to L side(&), Recover Rf(6)
7-&8 Lf cross over Rf(7), Rf to R side(&) , Recover Lf(8)

S4. FWD ROCK – FWD ROCK with ¼ TURN R – BWD WALK with Heel Swivel

1-2 Rf step fwd(1), Recover on Lf(2)
3-4 Rf step ¼ turn to R(3), Recover on Lf(4)
5 Rf Walk Back with Lf heel swivel(5)
6 Lf Walk back with Rf heel swivel (6)
7 Rf Walk back with Lf heel swivel(7)
8 Lf walk back with Rf heel swivel(8)

Tag here (8c) : V step, Rocking chair

1-2 Step R diagonal forward, step L Diagonal forward
3-4 Step R back to centre, step L Close beside R
5-6 Rf step fwd, Recover on Lf
7-8 Rf step bwd, Recover on Lf